

HALIFAX

metro®

®



NEWS
WORTH
SHARING.



KISS FINALLY GETS LUCKY

... WITH ROCK AND ROLL HALL OF FAME INDUCTION. USE METRO AR TO WATCH THEM PERFORM

PAGE 16

There's a hole by my bumper, dear city, dear city ...

Potholes are (very) in this season, smooth rides are out

PAGE 3

'Enclaves are not ghettos'

Day 3 of Metro's look at immigration: Newcomers band together to create support networks



PAGE 10

PARK
PARK
PARK
LANE

\$5 PARKING

6pm-6am at Park Lane Mall
\$1 per hour to a maximum of \$5

SHOPPARKLANE.CA



MOOSE TASTE DEFEAT

Mooseheads netminder Zach Fucile watches as the puck gets past him and heads into the net during second-period action against the Gatineau Olympiques in Game 3 of the best-of-seven QMJHL quarter-final series Tuesday night at the Robert Guertin Arena. The Mooseheads dropped a 5-2 decision to the Olympiques, but still led the series 2-1. Game 4 is Wednesday in Gatineau. Story, page 22.

MIKE CARROCCETTO/FOR METRO

Fee causes storm of discontent

Public meeting. HRM residents receiving new bill for stormwater-system maintenance

Anger over a new stormwater charge ran as deep as a backed-up drainage ditch at a public meeting attended by hundreds of HRM residents.

About 200 people came to the St. Margaret's Centre Tuesday night for clarification from Halifax Regional Water Commission representatives on the stormwater runoff fee, which the Utility and Review Board approved as part of a rate hike application last April.

The water commission's chief financial officer Cathie O'Toole said the charge is a redistribution of the \$10-million annual maintenance cost of the stormwater system, formerly charged only to Halifax Water customers.

"The structure ... is to make it more equitable in terms of

ensuring that every property that is receiving some service will pay for a portion of the service," she said. "There are properties who have been receiving service for 17 years that haven't received a charge."

Most residents who attended the meeting, organized by area Coun. Matt Whitman, aren't HRWC customers and were caught off-guard by the bill they received earlier this month.

There was confusion, skepticism and some heckling over O'Toole's repeated explanations that anyone who benefits

wouldn't have any issue paying for it," said Westwood Hills resident Troy Hulme. "I don't think that I'm receiving this service and I don't believe that anybody in Westwood Hills is receiving this service."

O'Toole and HRWC engineer John Sheppard emphasized the charge can be appealed, something 1,300 people have done already.

But several speakers — and audience members — said that approach was backwards.

"What I object to, as a semi-retired lawyer, is the shotgun approach you've taken," said

Quoted

"I think the reason you've got so many people here that are frustrated is because we just feel this is a very, very frivolous charge." Westwood Hills resident Troy Hulme

from stormwater infrastructure — such as ditches, culverts or catchbasins — will be charged.

"If I thought for a minute I was receiving the service, I

one Westwood Boulevard resident. "You've simply fired out bills to everybody in sight and you're relying on them to hold you to account. That's blatantly unfair." RUTH DAVENPORT/METRO



Stuck in a dead end job? Need a better income?

Call TODAY to start in APRIL! **463-6700**

MaritimeBusinessCollege.ca

Train for rewarding careers in Business

Accounting • Small Business Management

Office Administration • Travel and Hospitality

Earn your Diploma in 52 weeks or less!



BUSINESS PLAN

Personal Resources, Trend Analysis, Development Strategy, Time Building, Living Time Starts, Marketing Planning, Business Model, Market Research

Autobahn for All

Up to **\$1,000 Autobahn Cash***

*Jetta Hybrid and GLI amount shown.



Available on the
2014 Jetta 2.0L Trendline.

The 2014 Jetta costs as little as a lunch per day.

Own the **2014 Jetta** from

\$84 bi-weekly
for 84
months** **2.9%**
APR

\$1,764 down payment

Hillcrest Volkswagen

3154 Robie Street Halifax NS B3K 4P9 sales@HillcrestVW.com 453-2790 HillcrestVW.com



Das Auto.

**Limited time finance purchase offer available through Volkswagen Finance, on approved credit. Base MSRP of \$16,385 for a new & unregistered 2014 Jetta 2.0L base model with 5sp manual transmission, including \$1395 freight & PDI, financed at 2.9% APR for 84 months equals 182 bi-weekly payments of \$84. \$1,764 down payment. Cost of borrowing is \$1,467 for a total obligation of \$17,052. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra.

A whole lot of potholes

'Worst we've seen in a decade.' Road crews have patched about 5,000 since December



HALEY RYAN
haley.ryan@metronews.ca

It's not just your imagination: that sinking feeling when your car tire goes into a pothole happened a lot more this winter.

"This has been the worst year I can ever recall for potholes," said Coun. Darren Fisher on Tuesday.

Don Pellerine, HRM's superintendent of streets and sidewalks, agreed this season has "probably been the worst we've seen in a decade."

"People were complaining about potholes in December. I mean that's really unheard of," he said.

Pellerine said the pattern of freezing and warm weather created cracks in the roadways, but the main trouble was the abnormally long duration of pothole season, which began in December instead of March.

The potholes starting appearing with the rain and freezing conditions in December, followed by a big thaw in January, Pellerine said.

HRM then had a long, cold



Motorists drive along Joseph Howe Drive on Tuesday, avoiding the numerous potholes. MITCH WARD/FOR METRO

winter but saw a number of warm weather systems that added a lot of water into the

roadbed, he said.

Pellerine said crews can't patch potholes unless they're dry, which makes the job difficult during wet weather.

"That's what got us this year," Pellerine said.

Even if a pothole was repaired, Pellerine said the same ones often reappear due to water under the patch or snowplows driving over them. He said part of Main

Avenue in Fairview has been repaired seven times.

Although local asphalt plants won't open until May, HRM has a mini-mixer for creating hot asphalt on the back of a trailer. Pellerine said this material is more effective for fixing potholes than a cold patch, and crews ran the mixer 16 hours a day through the majority of the winter.

He said demand was

so high that HRM hired a second mixing machine.

Pellerine said they patched about 5,000 potholes since December and had crews working seven days a week incurring overtime expenses of \$150,000 in February and March.

HRM usually spends between \$300,000 to \$400,000 on potholes through the winter, but this year ran closer to \$500,000, he said.

No time to waste



"Instead of waiting for hot asphalt ... we've been proactively doing a plan where we've been addressing so many (potholes)."

Coun. Bill Karsten

1 NEWS

Debankify and have a little extra, extra.

Save up to \$200 yearly with a no fee bank account.

President's Choice
FINANCIAL

That's just good banking.

Savings comparison based on the fees for limited and unlimited transaction account packages and one order of cheques as offered by the major Canadian banks as of January 1, 2014.
©Loblaws Inc. Used under licence. President's Choice Financial personal banking services are provided by the direct banking division of CIBC.

Dartmouth. Inmate who died at jail identified, foul play not suspected

Halifax Regional Police say they don't believe foul play played a part in the death of an inmate at the Central Nova Scotia Correctional Facility in Burnside.

A 23-year-old man was found unconscious and unresponsive in his cell shortly after 8 a.m. Monday. The province's justice department says staff began medical treatment on the inmate immediately, but he was pronounced dead just before 9 a.m.

On Tuesday morning, police identified the dead man as Clayton Daniel Cromwell of Halifax.

Police spokesman Const. Pierre Bourdages said the file will remain open with police until an official cause of death



The Central Nova Scotia Correctional Facility JEFF HARPER/METRO

is determined by the province's medical examiner. He said more tests are required following the completion of an autopsy.

Justice Minister Lena Diab said her department is investigating the man's death, referring to the incident as "tragic."

PHILIP CROUCHER/METRO

Quoted

"At this time there's no indication of foul play."

Halifax Regional Police spokesman Const. Pierre Bourdages.

Sydney. Man charged with burning down his own shop

Three years after receiving an award for being young business person of the year, a Sydney man has been charged with attempting to burn down his business.

Chad Pierre Youssef, 28, of Carmichael Drive and owner of A1 Pizza, is charged with three counts of arson involving his business outlet on Charlotte Street and two vehicles; three counts of conspiracy to commit arson, three counts of mischief in reporting to police that crimes occurred when no crime was committed, and single counts of attempted fraud and fraud.

The Charlotte Street outlet

Business person of the year

In 2011, the Sydney and Area Chamber of Commerce named Chad Pierre Youssef young business person of the year after he opening his first outlet on Kings Road.

of A1 Pizza burned Feb. 11, a few months after opening. The building housing the pizza shop was not destroyed and damage inside was restricted to water and smoke as the building's sprinkler system activated.

CAPE BRETON POST

Drunk driving

Nova Scotia cop sentenced

An RCMP constable had her driver's licence suspended Tuesday for one year and was given a \$1,380 fine, having earlier pleaded guilty to drunk driving.

Stacey Lynn MacRae, 35, of Inverness County, pleaded guilty to driving with a blood-alcohol level exceeding the legal limit.

She was charged after a single-vehicle accident last Sept. 21 in Long Point, Inver-

ness County.

The officer was treated in hospital for non-life-threatening injuries.

A seven-year member of the federal force, MacRae was stationed with the Port Hawkesbury detachment at the time of the accident and was off duty at the time.

MacRae was on paid administrative leave pending the outcome of her sentencing hearing.

A spokesperson for the force said Tuesday he was unable to offer any immediate response to MacRae's future with the force. CAPE BRETON POST



Gerald Barton speaks with his lawyer during a break in court proceedings on Tuesday. MITCH WARD/FOR METRO

Rape case reopened over family feud: Officer

Conspiracy. Gerald Barton suing provincial Crown over wrongful conviction

The RCMP officer whose investigation revealed the wrongful conviction of a Nova Scotia man accused of statutory rape in 1969 testified Tuesday that a feud over a family's dark secret prompted him to reopen Gerald Barton's case.

Const. Brent Kelly said soon after he arrived to break up a scuffle between two brothers near Digby in July 2008, one man accused the other of sexually assaulting their sisters when they were young.

The one brother also told

No recollection

The RCMP officer who led the investigation into the allegations against Barton in 1969 testified Tuesday that he didn't remember the accused or taking a key statement from him.

him the other man had impregnated a 14-year-old sibling in 1969, which was followed by the birth of a boy who still lived with the family, Kelly told the Supreme Court of Nova Scotia on Tuesday.

The Mountie said he was then told the family, whose identities are protected by a publication ban, had conspired at the time to blame the preg-

nancy on Barton, telling police the 19-year-old had broken into their house in Jordantown.

Based on the girl's testimony and that of her brother, Barton was later convicted of having sex with a female between the ages of 14 and 16. He was sentenced to probation for a year.

Kelly testified that DNA testing in late 2008 proved that the girl's brother was the father of her child.

"He was 1.9 million times more likely to be the father than anyone else," Kelly testified.

Dale Dunlop, Barton's lawyer, said court records show the brother was charged with indecent assault, but the charge was dismissed in 2009,

though the reasons for that have been redacted from records. In January 2011, the Nova Scotia Court of Appeal admitted the DNA evidence in Barton's reopened case, quashed his conviction and concluded he was the victim of a miscarriage of justice.

"I believe he had been convicted of something he hadn't committed," Kelly testified.

Barton, now 64, is suing the provincial Crown for malicious prosecution and the RCMP for negligent investigation.

Outside court, federal lawyer Angela Green dismissed Barton's claim.

"There's no evidence that any of the RCMP's investigation ... was in any way negligent," said Green.

THE CANADIAN PRESS

Province gets tough on door-to-door sales

Companies violating door-to-door sales regulations in Nova Scotia would face set fines of \$300,000 each under legislation introduced by the provincial government.

Currently, corporations that contravene the Direct Sellers' Regulation Act face fines of \$1,000.

The amendments to the act would also see the range of

fines against individuals rise to between \$500 and \$25,000.

That range of fines is now \$100 to \$1,000.

The changes would also allow the government to identify the names of people and companies accused of violating the act in order to warn the public.

Consumers would also be allowed to cancel contracts at any time.

Service Nova Scotia Minister Mark Furey says the changes are intended to protect seniors from misleading and aggressive tactics by door-to-door sales people and companies.

Furey says the changes would bring Nova Scotia's regulations and fines governing door-to-door sales in line with most other provinces.

THE CANADIAN PRESS

New fines

Service Nova Scotia Minister Mark Furey says the new fines would take effect July 1, while the remainder of the changes would be proclaimed once the regulations are finalized.



Innovation
that excites

MY NISSAN



NISSAN SPRING *BONUS DAYS*

LIMITED TIME OFFER • *APRIL 10TH - 16TH ONLY*

GET AN
ADDITIONAL

*\$1,000**

— ON TOP OF CURRENT OFFERS —
ON SELECT MODELS. FOR QUALIFYING CUSTOMERS*



2014 NISSAN
PATHFINDER



2014 NISSAN
JUKE*



2014 NISSAN
SENTRA



2014 NISSAN
ALTIMA



2014
alg
RESIDUAL VALUE
AWARD



2014 NISSAN
VERSA NOTE



2014 NISSAN
FRONTIER

MID-SIZED MODERATELY
PRICED CAR



O'REGAN'S
DRIVING HIGHER STANDARDS

**NISSAN
HALIFAX
DARTMOUTH**

**HALIFAX - 3461 KEMPT ROAD • 902-453-2020
DARTMOUTH - 60 BAKER DRIVE, UNIT C • 902-469-8484
WWW.OREGANSNISSAN.COM**

\$1,000 Bonus Cash applicable to customers who purchase, lease or finance any new 2013 Juke/2014 Versa Sedan/Versa Note/Sentra/Altima Sedan/Juke*/Pathfinder/Frontier models on approved credit through Nissan Finance on units in stock. The \$1,000 additional Cash Bonus consists of \$750 NF cash and \$250 Dealer Participation and will be deducted from the negotiated selling price before taxes. Offer available for qualified customers only. Offer available from April 10 - 16, 2014 inclusively. Conditions apply. *Qualifying customers must be approved to lease or finance through Nissan Finance. Some conditions apply. See your retailer for complete details. Offers valid between April 10 - 16, 2014. *Based on 2014 Canadian Residual Value Award in Subcompact car segment. alg is the industry benchmark for residual values and depreciation data, www.alg.com. Offers subject to change, continuation or cancellation without notice. Offers have no cash alternative value. See O'Regan's Nissan for details. ©1998-2014 Nissan Canada Inc. and Nissan Financial Services Inc. a division of Nissan Canada Inc.

Halifax police salute volunteers

National Volunteer Week. Close to 200 people each put in hundreds of hours a year

CHRISTINE BENNETT
halifax@metronews.ca

Adam Arthur arrives at the Halifax Regional Police detachment in Dartmouth wearing his full uniform: patrol jacket, grey shirt, blue pants, black boots.

He says this is standard for any member of the HRP Youth Program.

Arthur is one of more than 170 volunteers who will be honoured by Halifax Regional Police Thursday night as part of National Volunteer Week. The force is saluting its volunteers for the community outreach and crime prevention programs they make possible, including neighbourhood watch and the aforementioned youth program.

Arthur entered the pro-



Adam Arthur, program co-ordinator for the Halifax Regional Police's Youth Program, poses for a photo at the Burnside office on Tuesday. JEFF HARPER/METRO

gram when he was 14 — the minimum age requirement. Twenty years later, he's still involved, now as the program co-ordinator.

"We're an extra set of eyes and ears for the police depart-

ment out there," Arthur said proudly on Tuesday afternoon.

Sherry Burns, the volunteer programs co-ordinator, says National Volunteer Week gives them a chance to thank

volunteers and recognize their contributions.

National Volunteer Week began Sunday and runs through Saturday.

"Between them, they put in thousands and thousands

of hours of free time every year for us," she said. "Obviously we can't do it alone. We need our partners in the community. It's a chance to say thank you so much for what you do."

Quoted

"We try to instil responsibility and leadership, all while having fun at the same time." Adam Arthur

Members of the youth program assist police in their role through being proactive — things like bike patrol, general leadership and fingerprinting clinics. Many members want to eventually go into policing.

When new members begin, they go through a training process that's around 10 weeks long. By the end of it, Arthur says he can see complete personality changes.

"It's really neat to watch the youth come into the program and see how much they develop over the course of their tenure with us and how much they grow," he says. "I think that's probably what I like most about being here, seeing that growth and the difference."

Aerosmith, Slash to hold outdoor show in Sydney

Aerosmith and Slash will headline an outdoor concert in Sydney in September.

Organizers with Cape Fest 2014 made the announcement Tuesday morning for the concert on Sept. 12 at Open Hearth Park.

Tickets are expected to go on sale April 16 and will start at \$99.75. They will be sold at tickets.capebreton.ca, by phone at 902-564-2200, and in person at the Centre 200 box office in Sydney.

Aerosmith and Slash last played Atlantic Canada in 2012.

Aerosmith has spent the last two years supporting their



Aerosmith CONTRIBUTED

new album, Music From Another Dimension, while Slash, featuring Myles Kennedy and

the Conspirators, is currently working on his next solo album. CAPE BRETON POST

Energy fees

Premier defends efficiency bill

Premier Stephen McNeil found himself Tuesday defending legislation that would remove an energy efficiency fee from energy bills as Nova Scotia's opposition parties said the bill does not meet a Liberal promise to require Nova Scotia Power to cover the costs of efficiency programs.

The promise to remove the

efficiency fee from power bills — branded by the Liberals during the election campaign as an unaffordable "NDP tax" — and force Nova Scotia Power to pay for efficiency programs was a key commitment in the party's platform.

Legislation introduced Monday would remove the fee from power bills as of Jan. 1, but it would also allow Nova Scotia Power to download the costs to customers of running efficiency programs over eight years beginning in

2016. McNeil was asked by reporters outside the legislature whether there was a substantive difference between what was promised and what was in the legislation.

"Not at all. We will be reducing power rates by the efficiency tax coming (off) this Jan. 1," he said. "The only way the efficiency programs will be purchased is if they provide even further savings for ratepayers in this province." THE CANADIAN PRESS

BUNNY TALES

- SATURDAY, APRIL 12 & SATURDAY, APRIL 19 -

Hop on over to Centre Court to have your photo taken with the Easter Bunny in his beautiful spring garden!

Indigospirit

Nova Scotia
SPCA

Seaside Second

1:00 - 1:30
INDIGO BUNNY TALES

1:30 - 3:30
BUNNY PHOTOS

1:30 - 3:30
BUNNY TREATS

All donations support the Nova Scotia SPCA and their Metro shelter.



Sunnyside Mall

1595 BEDFORD HIGHWAY
(902) 835-5099
SUNNYSIDEMALL.CA



Scientist say growing artificial organs is 'like making a cake'

London. Scientists successfully grow body parts for transplant

In a north London hospital, scientists are growing noses, ears and blood vessels in a bold attempt to make body parts in the laboratory.

It's far from the only lab in the world that is pursuing the futuristic idea of growing organs for transplant.

But the London work was showcased Tuesday as Mayor Boris Johnson announced a plan to attract more labs to do cutting-edge health and science research in the area.

While only a handful of patients have received the British lab-made organs — including tear ducts, blood vessels and windpipes — researchers hope they will soon be able to transplant more body parts into patients, including what would be the world's first nose made partly from stem cells.

"It's like making a cake," said Alexander Seifalian, the



Dr Michelle Griffin, a plastic research fellow, poses for photographs with a synthetic polymer ear at her research facility in the Royal Free Hospital in London on March 31. MATT DUNHAM/THE ASSOCIATED PRESS

scientist leading the effort. "We just use a different kind of oven."

Dr. Michelle Griffin, a plastic surgeon who has

made dozens of ears and noses in Seifalian's lab, said that children requiring new ears "have to go through a really invasive procedure

involving taking cartilage from their ribs." She added they plan to eventually create an entirely synthetic face but must first prove their polymer

scaffolds won't accidentally burst from the skin. Some scientists say some lab-made organs will soon cease to be experimental. **THE ASSOCIATED PRESS**

What's the price of a nose?

Possibility for mass production

Suchitra Sumitran-Holgersson, a professor of transplantation biology in Sweden, said that engineered organs could soon be on the market.

Seifalian hopes lab-made organs will one day be available for a few hundred dollars.

"If people are not that fussy, we could manufacture different sizes of noses so the surgeon could choose a size and tailor it for patients before implanting it," he said.

"People think your nose is very individual and personal but this is something that we could mass produce like in a factory one day," he said.

THE ASSOCIATED PRESS

Emotional Pistorius testifies in courtroom

A subdued Oscar Pistorius on Tuesday described dinner at home, chatting and looking at cellphone photos with Reeva Steenkamp on the last night of her life. Then he erupted in anguished howls and heaving sobs while testifying at his murder trial about the moments when he says he realized he shot his girlfriend through a closed toilet door.

The spectacle of what appeared to be a tormented man highlighted the drama of the runner's inspirational rise and sudden fall. The South African double-amputee captured the world's attention when he successfully fought for permission to run in the 2012 Olympics on his prostheses. The next year, he was facing charges for killing the woman he said he loved.

The court in Pretoria, the South African capital, adjourned because of the athlete's breakdown.

"I sat over Reeva and I cried," Pistorius said, telling how he broke open the stall door in his



Oscar Pistorius' sister Aimee, right, cries as he testifies in court. KIM LUDBROOK/THE ASSOCIATED PRESS

bathroom in the early hours of Feb. 14, 2013 to discover his bloodied girlfriend.

Pistorius said in statements that he shot Steenkamp after mistaking her for an intruder in his bathroom. The athlete said he felt fearful and vulnerable as he moved to the bathroom, walking only on his stumps.

The 27-year-old Olympian faces a life sentence with a minimum of 25 years before parole if convicted. The judge will deliver the verdict because South Africa does not have a jury system.

Earlier Tuesday, Pistorius denied three other charges against him relating to firing a gun in public on two occasions.

He said he wasn't to blame for a shot going off in a busy restaurant because a friend handed him an "unsafe" gun.

Pistorius left the packed courtroom briefly at one point to change out of his dark suit and into a white shirt and shorts, similar to the clothes he was wearing when he killed Steenkamp.

Prompted by his lawyer, Pistorius took off his prosthesis and stood on his stumps by the bullet-marked toilet door. It appeared to be an effort by the defence to illustrate what they describe as the Olympian's vulnerability at the time of the shooting. **THE ASSOCIATED PRESS**



Irish visit full of symbolism

Irish President Michael D. Higgins walks alongside Britain's Queen Elizabeth II at Windsor Castle on Tuesday. Higgins marks Ireland's first official visit to Britain since its independence, a symbolic gesture for the two countries with a troubled history. PETER MACDIARMID/THE ASSOCIATED PRESS

Protests

Tensions rise in Eastern Ukraine

Ukraine's government struggled to stay in control of the country's eastern regions as tensions flared Tuesday in three cities.

While the government managed to recapture its regional headquarters and detain dozens of pro-Russian protesters in one city, it said "radicals" were keeping 60 people hostage and threatening them in another city.

Earlier Tuesday, authorities regained control over a government building in Kharkiv. Protesters were evicted and dozens detained. In Donetsk, a city further south, protesters dug in for their third day at a regional headquarters they captured on Sunday before declaring a parallel government.

All three cities are in Ukraine's east, where hostility is strong toward the government that took power in February after the ouster of Kremlin-friendly President Viktor Yanukovich. **THE ASSOCIATED PRESS**

Just sit back, relax and feel the wellness flowing through you

IV league. Vancouver opens a posh new clinic where customers enjoy an intravenous dose of vitamin therapy



EMILY JACKSON
Metro in Vancouver

With leather reclining chairs, soft lighting, indie music and flat-screen TVs, passersby might mistake this Vancouver business for a typical lounge or spa.

But they do a double-take when they see plastic bags hanging from IV stands dripping fluids into customers' veins.

Welcome to the IV Wellness Boutique, the first dedicated intravenous vitamin therapy lounge in the city — and perhaps the country.



Patrons enjoy IV vitamin therapy at the IV Wellness Boutique in Vancouver.

TWITTER: @THEIVWELLNESS

While naturopathic physicians around the world provide vitamin drips to help relieve ailments from stress to exhaustion to hangovers — Rihanna made them famous

when she posted a picture of her “party girl drip” on Twitter in 2012 — the co-owners of this clinic believe it’s the first with a social, spa-like atmosphere in Canada.

“We tried to take the clinical feel out of a clinic; we tried to make it really beautiful,” naturopathic doctor Heidi Rootes said Tuesday. “We want people to feel comfortable and

What's in the solution?

- Sugar, saline or sterile water base
- Preservative-free vitamins, minerals and/or amino acids
- For example: vitamin C, B, calcium, magnesium (depending on the treatment)

relaxed.”

A typical 45-minute treatment costs \$150 out of pocket, or may be covered under extended medical care plans. It must be administered by a physician or a nurse practitioner certified in the practice.

That may not seem relaxing for those who don't like needles, but “that’s the biggest stigma, the whole idea of intravenous,” said Rootes, who has administered the treatment for

eight years.

Rootes and co-owner Robin Szakacs want to focus on health benefits including energy boosts and back-pain relief instead of the party cure, popular in Las Vegas, L.A. and Miami. (Not to mention in Europe and Asia, where vitamin drips have long been mainstream.)

“Sure, if you put anybody that’s hungover and dehydrated on an IV, they’re going to feel better,” Rootes said. “Sometimes I feel like that kind of cheapens what we’re doing, but that’s not our focus.”

The risks are minimal, Rootes said. As with any needle, there’s a risk of infection. People are pre-screened before treatment and the procedure is not recommended for those with kidney or heart disease.

Clientele include marathon runners, both before and after the race, people coming to and from yoga, and 80-year-olds with diabetes.

Day of Pink

MORE THAN JUST COLOUR COMMENTARY



MICHAËLLE JEAN
27th governor general and commander-in-chief of Canada, co-chair of the Michaëlle Jean Foundation

Four years ago, my 11-year-old daughter Marie-Eden came home from school and started telling me — fast-paced, enthusiastic as can be — about the Day of Pink campaign. “You know, Mom,” she said, “I need to take action when someone is not being treated right. I need to act, even if I’m not the one directly affected.”

Marie-Eden seemed to have understood everything: the damage of discrimination, the importance of standing up to bullying, how to take concrete action, to make a difference.

I was floored.

As you know, I grew up in Haiti, in a country “draped in barbed wire,” to use the words

of my uncle, the poet René Dépestre. Under the dictatorship of Papa Doc, my family taught me that indifference to the predicament of others was not an option; that having a social conscience was paramount.

And here was my child, now in Canada, teaching me the same lesson.

Since that time, I have participated in the Day of Pink and met the Jer's Vision team. I have seen the transformative power of their work. I have seen how children and teens have gained a vocabulary, new ways to act and new tactics to show solidarity with the vulnerable. The campaign is working. And that's why I believe in the urgent spread of this kind of intervention.

Bullying, harassment, prejudice and abuse are still rampant. Today, suicide is still the second-leading cause of death

for people aged 10 to 24 in Canada — just behind accidents. And it remains the leading cause of death among sexual-minority youth.

That is why I have chosen to work through the Michaëlle Jean Foundation on what we have dubbed the 4th Wall Youth Solidarity Project. With the Art Gallery of Ontario, Jer's Vision and 50 human rights and health organizations, we are encouraging Canadians to show vulnerable youth from Canada's Two-Spirit and LGBTQ communities that they are not alone; that we care; that we want them to feel included.

Six lucky young artists will be awarded a cash prize, a free trip to Toronto and an opportunity to have their work featured in a high-profile exhibition at the Art Gallery of Ontario, to mark World Pride 2014.

Watch Team Canada take on the World.
Ashburn Golf Club – New Course
Fall River, NS
June 30th to July 6th

On Sale Now
Limited quantities available.

Mike Weir, Team Canada

Two Events. One Ticket.
Visit GOLFestNovaScotia.com

CANADA CUP
NOVA SCOTIA OPEN

MONDAY JUNE 30
Mike Weir VS Matt Kuchar
David Hearn VS Gary Woodland
Graham DeLaet VS Trevor Immelman

THURSDAY JULY 3 - SUNDAY JULY 6
The Web.com Tour's only Canadian stop.
The Path to the PGA TOUR.

HBC, NOVA SCOTIA, HALIFAX, n.s.b.i., Golf Coastal Canada, web.com TOUR, FlyHalifax.com, SP:RT, GOLFest

Ship in race to pick up 'pings' again



Feng Zhishang cries as family members mark the birthday of his son Feng Dong, a passenger on board the Malaysia Airlines Flight 370, at a hotel in Beijing, China, where relatives gathered to wait for news of the missing plane. Tuesday marked one month since the plane vanished. NG HAN GUAN/THE ASSOCIATED PRESS

Flight 370. Signals first heard Saturday and Sunday sparked hopes of a breakthrough in search for missing jet

Search crews on the Ocean Shield in the Indian Ocean failed to pick up more of the faint underwater sounds that may have been from the missing Malaysian jetliner's black boxes whose batteries are at the end of their life.

Angus Houston, the retired Australian air chief marshal leading the search far off western Australia, said finding the sound again is crucial to narrowing the search area so an autonomous submarine can be deployed to chart a potential debris field. The locator beacons on the black boxes have a battery life of about a month — and Tuesday marked one month since the plane vanished.

"We need to continue (searching) for several days right up to the point at which there's absolutely no doubt

Pings

- The first sound picked up by the equipment on the Ocean Shield lasted two hours and 20 minutes before it was lost.
- The ship then turned around and picked up a signal again — this time recording two distinct "pinger returns" that lasted 13 minutes. That would be consistent with transmissions from both the flight data recorder and the cockpit voice recorder.

that the batteries will have expired," Houston said.

If, by that point, the U.S. Navy towed pinger locator has failed to pick up more signals, the sub will be deployed. If it maps out a debris field on the ocean floor, the sonar system on board will be replaced with a camera unit to photograph any wreckage.

Houston also warned of past false leads — such as

ships detecting their own signals. Because of that, other ships are being kept away, so as not to add unwanted noise.

Optimism was overshadowed by anguish at a hotel in Beijing where around 300 relatives of the flight's passengers — most of whom were Chinese — wait for information about the plane's fate. One family lit candles on a heart-shaped cake to mark what would have been the 21st birthday of passenger Feng Dong, who had been working in construction in Singapore for the past year and was flying home to China via Kuala Lumpur. Feng's mother wept as she blew out the candles.

A family member of another passenger said staying together allowed the relatives to support one another through the ordeal. "If we go back to our homes now it will be extremely painful," said Steve Wang. "We have to face a bigger pain of facing uncertainty, the unknown future. This is the most difficult to cope with."

THE ASSOCIATED PRESS

Chicago airport. Old artillery shells found in teens' checked baggage



Two First World War artillery shells discovered by baggage screeners in checked luggage that arrived on a flight from London at Chicago's O'Hare International Airport. TRANSPORTATION SECURITY ADMINISTRATION/THE ASSOCIATED PRESS

Baggage screeners at Chicago's O'Hare International Airport have discovered two First World War artillery shells in checked luggage that arrived on a flight from London.

The Transportation Security Administration says the bags belonged to a 16-year-old and a 17-year-old who were returning from a school field trip to Europe.

TSA spokesman Jim McKinney says a bomb disposal crew determined the shells were inert and no one was

ever in danger.

The teens told law enforcement they obtained the shells at a French First World War artillery range. It was not clear how. TSA explosives experts believe they are French 77 mm shells.

They were seized Monday evening while the teens were transferring to a flight to Seattle.

The teens were questioned, then allowed to travel onward. They weren't charged. THE ASSOCIATED PRESS

Texas

Woman calls cops to complain about buying bad weed

Police in East Texas arrested 37-year-old Evelyn Hamilton after she called them to complain that the dealer refused to return her \$40 after she objected that the marijuana she had purchased was "seeds and residue." She pulled the small amount of pot from her bra when the officer asked if she still had it. THE ASSOCIATED PRESS

Kansas

Man posed as dead brother to avoid child support

A judge in Kansas has upheld the convictions against a Canadian man who posed as his long-dead brother to escape child support obligations and drunken driving charges in his native country. Leslie Lyle Camick, a 58-year-old telecommunications field engineer, used the name of his baby brother Wayne B. Camick, who died in 1958.

THE ASSOCIATED PRESS

Our perfect day

DOWNTOWN

discover

treat

play

thrill

DOWNTOWN HALIFAX FAMILY PACKAGES

Looking for something new to do with the kids? Let someone else plan your perfect family day Downtown. Eat out, discover, explore, stay the night! Each package includes a complimentary Scotia Square parking pass and a \$50 pre-paid Visa gift card to spend anywhere in Downtown Halifax. To book your family package, visit downtownhalifax.ca.

To book your perfect day downtown package visit
DOWNTOWNHALIFAX.CA

DOWNTOWN HALIFAX
BUSINESS COMMISSION

Nations within a nation



The First Filipino Baptist Church of Toronto is a key gathering spot for the rapidly growing Filipino community in Canada's largest city. DAVE STARRETT/FOR METRO

Community

Enclaves booming in Canada

Call it Little Italy, Chinatown or Little Manila.

No matter the name, ethnic enclaves are important to the immigrant communities they support — and the cities they're in.

For the cities themselves, traditionally large urban ones like Toronto and Vancouver, enclaves help bring in tourists looking for an authentically exotic bite or a first-hand brush with another culture.

And, in many cases, those same tourists help newcomers succeed by frequenting the businesses where they work.

"Enclaves are very lively and they help support immigrant life in a number of different ways," said Dr. Sandeep Agrawal, from the University of Alberta.

In recent years, enclaves have started branching into the suburbs of major cities, and most of Canada now has enclaves of various shapes and sizes.

If you ask Agrawal, there's no real downside to that. But, enclaves have, in the past, been cast in a bad light.

A 2003 Statistics Canada report "measured ethnic enclaves as part of an isolation index, meaning those who live in enclaves are isolated and that enclaves are bad," Agrawal said.

A followup paper "debunked that myth," showing that the communities actually help people adjust and, eventually, thrive in Canada.

Another myth is that the words "enclave" and "ghetto" can be used interchangeably.

"Ghetto is an old word which is based on racial and economic exclusion," Dr. Mohammad Qadeer of Queen's University said. "A ghetto is also a large concentration of poverty."

"Enclaves are not ghettos."

DAVE LANGFORD/METRO



Immigrants banding together. Tight-knit communities offer support to new arrivals



DAVE LANGFORD
Metro in London, Ont.

Cely Velez was 39 when she came to Toronto in 1997, leaving her home in the Philippines behind.

"My mom is here and she was not that young anymore," Velez said, adding that her lone sister lives in California with six children. "So for me, I wanted to be the one responsible for my mom's care."

Velez is the business administrator at the First Filipino Baptist Church of Toronto. Sitting in the heart of the city with a congregation of about 410 people, the church is a focal point for Toronto's burgeoning Filipino community — the fastest growing enclave of immigrants in the nation, one expert said.

Dr. Sandeep Agrawal, a specialist in ethnic enclaves at the University of Alberta, said recent years have seen a big influx of immigrants from the Philippines, "even superseding (those from) India and China."

A 2011 National Household Survey showed 662,600 persons of Filipino descent now live in Canada.

Agrawal said the Filipino enclave is replacing one of Canada's oldest communities — the Jewish enclaves in central Toronto.

Dr. Mohammad Qadeer, professor emeritus of urban

and regional planning at Queen's University in Kingston, said there are two dimensions to ethnic enclaves.

The first is a "residential concentration of people" and the other is a combination of various facilities, commercial establishments and churches, which together comprise an ethnic enclave.

"The most concentrated residential groups are Jews and then Italians and then Portuguese," Qadeer said.

Ultimately, the communities within communities help more established immigrants support those who are newer to Canada.

Velez falls into the second category of enclaves — her work and personal life both revolving around the First Filipino Baptist Church.

"It's always church-related events," Velez said. "We usually go into each other's homes. That's very, very important for us."

Where we come from

2010

36,580 people

Philippines

30,251 people

India

30,196 people

China

2011

34,911 people

Philippines

28,695 people

China

24,964 people

India

2012

33,018 people

China

32,747 people

Philippines

28,943 people

India

COURTESY GOVERNMENT OF CANADA

THE STORY OF US: IMMIGRATION IN CANADA, TOLD IN FIVE PARTS

Day 1

Change and effect

1

Day 2

What Canada wants vs. what it gets

2

Day 3

Where we come from, where we go

3

Day 4

Happy times, hard times

4

Day 5

The future and beyond

5

Online

Live the stories of three immigrants in our five-part video series at metronews.ca



Something to squawk about: Cup cracks \$36M



The Meiyintang "chicken cup" from the Chinese Ming Dynasty (1368-1644) is displayed during a press conference in Hong Kong on Tuesday. VINCENT YU/THE ASSOCIATED PRESS

'Chicken cup.' Small white porcelain piece from Ming Dynasty lays record profit at Sotheby's auction

A Shanghai collector bought a rare Ming Dynasty cup that's touted as the "holy grail" of China's art world for \$36 million US at a Hong Kong auction on Tuesday, smashing the previous world record price for Chinese porcelain.

Sotheby's said Liu Yiqian was the winning bidder for the small white cup, which

measures just 8 centimetres in diameter and is more than 500 years old. The vessel is known as a "chicken cup" because it's decorated with a rooster and hen tending to their chicks.

It was made during the reign of the Ming Dynasty's Chenghua Emperor, who ruled from 1465 to 1487. Sotheby's said there are only 17 such cups in existence, with four in private hands and the rest in museums.

"This is really the holy grail when it comes to Chinese art," said Nicholas Chow, Sotheby's deputy chairman for Asia.

THE ASSOCIATED PRESS

Market Minute

↑	DOLLAR 91.56¢ (+0.39¢)
↑	TSX 14,372.45 (+102.12)
↑	OIL \$102.56 US (+\$2.12)
↑	GOLD \$1,309.10 US (+\$10.80)

Natural gas: \$4.54 US (\$0.07)
Dow Jones: 16,256.14 (+10.27)

Copyright

Hollywood studios sue Megaupload

Hollywood studios are suing the defunct file-sharing website Megaupload and its founder, Kim Dotcom, claiming the website facilitated massive copyright infringement.

The lawsuit was filed Monday in federal court in Alexandria, Va., seeking unspecified damages.

THE ASSOCIATED PRESS

Greenpeace

P&G changes palm oil policy after protests

The Procter & Gamble Co. has updated its policy on palm oil following high-profile protests by Greenpeace at its Cincinnati headquarters.

The world's largest consumer products company said Tuesday it has adopted a "no-deforestation" policy for its palm oil supply. THE ASSOCIATED PRESS

U.S. Drugmaker hit with \$9B penalty over diabetes medicine linked to cancer

A U.S. jury ordered Japanese drugmaker Takeda Pharmaceutical Co. and its U.S. counterpart, Eli Lilly and Co., to pay \$9 billion US in punitive damages over a diabetes medicine linked to cancer. The drug companies said Tuesday they will "vigorously challenge" the decision.

The U.S. District Court in western Louisiana ordered a \$6 billion penalty for Takeda and

\$3 billion for its business partner and co-defendant Eli Lilly. It also ordered \$1.5 million in compensatory damages in favour of the plaintiff.

The legal fight turned on whether Actos, which is a drug used to treat type-two diabetes, caused a patient's bladder cancer and by implication was responsible for other cases of the cancer. THE ASSOCIATED PRESS

IMF forecast. Canada's economy has some bright spots amid the grey clouds

The International Monetary Fund has again upgraded its projection for Canada's economy, but the latest outlook shows it is far from sold on the country's underlying fundamentals.

"Downside risks to the outlook still dominate, including from weaker-than-expected

exports resulting from competitive challenges, lower commodity prices and a more abrupt unwinding of domestic imbalances," it warns. "Indeed, despite the recent moderation in the housing market, elevated household leverage (debt) and house prices remain a key vulnerability." THE CANADIAN PRESS

YOU + NEW SKILLS = NO LIMITS

Open up a whole new world of opportunities. A wide range of hands-on program choices. Thousands of career options. Choose from 13 campuses across Nova Scotia including three right here in Metro.

Seats still available for September 2014 in:

- Deaf Studies
- Photography
- Recording Arts
- Oceans Technology
- Information Technology
- Tourism Management

For a current update on all programs with available seats call 1-866-679-6722 or visit nscc.ca

nscc

MoneyProvider.com

\$500 Loan and more **No credit refused**

Fast, easy and secure

1-877-776-1660

www.moneyprovider.com

NEED COOL DESIGN TIPS?

Read metro home every Thursday.

TOP SIX @ 6 Weeknights at 6 KB counts down the HOTTEST songs of the day

- 6 Katy Perry ft Juicy J Dark Horse
- 5 Pharrell Williams Happy
- 4 Crazy for You Hedley
- 3 All of Me John Legend
- 2 Hey Brother Avicii
- 1 Jason Derulo ft 2 Chains Talk Dirty

101.3 THE BOUNCE

PAY\$ your BILLS

WEEKDAY MORNING 8-10

1013TheBOUNCE.com | info@1013thebounce.com

WE ARE DRIVEN TO DISTRACTION

Feeling foolhardy? Not taking enough risks? Looking for a death-defying experience?

Try texting while you drive. It could be the most dangerous thing you can do.

According to the CAA, you are 23 times more likely to be in a crash or near-crash compared with non-texting drivers.

Driving while texting is six times more dangerous than driving while intoxicated, according to the U.S. National Highway Traffic Administration Safety Administration; in B.C., where I live, there were 81 deaths in 2012 from distracted driving, compared to 55 from impaired driving.

I can keep throwing stats at you. But I should stop now and concentrate on my driving.

And so should you, if this morning's commute is any indication. Here's just a sample of the things we did in traffic today:

While travelling at least 60 clicks an hour, a woman in a



JUST SAYIN'
Paul Sullivan
metronews.ca

Range Rover had the visor down and appeared to be putting on makeup while talking to her friend on her hand-held. As far as I can tell, the Pomeranian in her lap was doing the driving.

A line of people stopped at the red light appeared to be deep in prayer, so deep that the light changed and nobody noticed. Their faces were bathed in a strange, blue glow.

Soccer mom policed a van load of kids while talking on her hand-held. Yikes.

And it was breakfast time in the fast lane: muffins, very hot coffee, lip-searing burritos and sandwiches, assorted Tupperware from home, apples, oranges, bananas — oh my.

Any one of these distractions has a well-documented effect on your attention span. Yet we continue to drive through a multi-tasking medley of contortions. Our cars do double duty as kitchens, bathrooms, media centres and bedrooms (pets included).

What's interesting is that with the exception of hand-held

devices, most of this nonsense is not cut-and-dry illegal.

"Excuse me, ma'am, but that's a \$167 fine for driving with a Pomeranian in your lap. You're lucky it wasn't a Great Dane."

Nevertheless, it's dawning on governments that unless they do something soon, we won't make it through rush hour.

In British Columbia, which has some of the toughest drunk-driving laws in North America, the attorney general is aghast that, with one-third the population, it has more distracted-driving deaths than Ontario.

Maybe that's because Ontario has already jacked up its distracted-driving fine from \$155 to \$280. In an amusing touché, it goes to \$500 if you contest it and lose, which should clear up a lot of nuisance court cases.

B.C. will probably raise its fines soon, and may even attach points to licences. Yet you have to wonder if enforcement is the answer. The province issued 51,000 tickets for distracted driving last year, but if this morning's circus on wheels is any indication, no one has noticed.

Their "minds" are elsewhere.

ZOOM

Seeing is revealing



COURTESY LIU BOLIN/SCREAM GALLERY

Artist blends into his surroundings

Glance at it and you'll see nothing remarkable, but take a closer look and you can spot the figure of a man standing in the background. Behold Liu Bolin, the globally renowned Chinese artist gifted with the uncanny knack to use body paint to blend into any backdrop. His first solo exhibition in the U.K., *The Heroic Apparition*, is open at London's Scream Gallery until May 10. **METRO**

Artist's viewpoint



world. I chose to merge with the environment."

Liu Bolin, 41, artist based in Beijing
At a recent TED conference, Bolin said: "By making myself invisible, I try to question the inter-cancelling relationship between our civilization and its development."

"Each one chooses his or her path to come in contact with the external

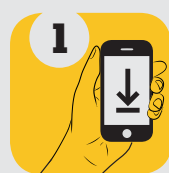
A silent protest against the state

While his camouflage technique speaks of eccentricity, Bolin's message behind his artwork is in fact solemn and political in tone — a "silent protest against the state" for Chinese authorities' crackdown on artists. "I am standing, but there is a silent protest, the protest against the environment for the survival, the protest against the state," he said in a statement.

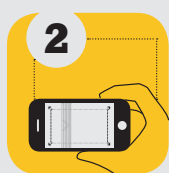
METRO

METRO AUGMENTED REALITY

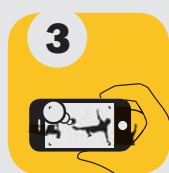
SEE THE NEWS COME ALIVE...



**DOWNLOAD
METRO NEWS APP**



**FILL SCREEN WITH
IMAGE TO SCAN**



**METRO AR IMAGE
JUMPS TO LIFE**



In this issue, you can find AR enhancements on page 10 in *News*, page 13 in *Scene*, page 16 in *Life*, page 20 in *Work/Education*, and page 31 in *Sports*.

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.
2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!
3. Voilà! You should see the AR in action — like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device.

MetroTube

Subway ride gets riled by a rat



**ANDREW
FIFE**
metronews.ca

Now, you may be tempted to dismiss the old saw that New Yorkers are a hardy bunch after watching this clip of a subway car packed with supposedly indomitable souls losing their minds over a single wayward rat. But don't be so swift to judge. Upon closer inspection, you'll notice that there isn't a single pant leg tucked into a single sock anywhere on this supposedly panic-filled car. We bet you don't feel so tough now. Those New Yorkers, man. **Resolute.**



GARY STEVENS/Flickr

Taken with a bird's-eye view

Feathers in filmdom's cap. Rio 2's macaw Tyler Blu latest bird to vie for a perch in Hollywood's avian pecking order



IN FOCUS
Richard Crouse
scene@metronews.ca

Hollywood's two most famous birds must be Donald Duck and Woody Woodpecker. Between them they've starred in almost 300 films.

This weekend Donald and Woody are joined by Tyler Blu Gunderson, a rare male Spix's macaw, voiced by Jesse Eisenberg making his second big screen appearance in Rio 2. He's joined by a cast of fine feathered friends, including a yellow canary (Jamie Foxx), a rapping red-crested cardinal (will.i.am) and a sulphur-crested cockatoo (Jemaine Clement), as they leave their home in Rio de Janeiro for the Amazon rainforest.

The colourful co-stars in Rio 2 are animated, which makes them a much more agreeable lot than Tippi Hedren's castmates in her most famous movie. In the Alfred Hitchcock film The Birds, she plays a wealthy socialite visiting Bodega Bay in Northern California when hundreds of ravens, seagulls and pigeons begin viciously attacking the townsfolk.

Some of the birds were props, but many of them were all too real. Actors with ground meat and anchovies daubed on them to entice the birds escaped with nips and scratches but Hedren took the worst of it during the shooting of the movie's famous at-



Tyler Blu Gunderson, voiced by Jesse Eisenberg, has his second big screen outing this weekend in Rio 2. CONTRIBUTED

tic scene.

She had been told mechanical birds would be used in the sequence that sees her trapped in a small room while birds attack her. When she arrived at the shoot she saw a cage built around the set and realized the plan had changed.

For a week, real birds were thrown at her by stagehands. Pecked and scratched by birds attached to her by elastic bands she screamed

and sobbed as one of them gouged her eye. It was such a traumatic sight, Cary Grant, who dropped by the set to say hello, said, "You're one brave lady."

It's no wonder Hedren chose Marnie, and not The Birds, as her favourite Hitchcock leading role.

As distressing as the shoot for The Birds might have been, the movie is now considered a classic.

That can't be said for a

film inspired by Hitchcock's avian terror.

Birdemic: Shock and Terror director James Nguyen says the inspiration for his movie dates back to 2006 when he saw a flock of seagulls flying toward him at Half Moon Bay south of San Francisco. The sight reminded him of Hitchcock's film, but he thought, "What if I make a movie where instead of seagulls and crows, it's birds of prey? There's nothing more shock-

ing than eagles and vultures."

The self-financed film took four years to finish and laid an egg in theatres before it became a cult hit as one of the worst film ever made.

When asked what Hitchcock would have thought of Birdemic, Nguyen told Empireonline.com, "I think Mr. Hitchcock would forgive a lot of its imperfections and say, 'James, you did what you could. Do another one and try to do it better.'"

2 SCENE

Debankify and entertain some friends tonight.

Earn PC® points you can use for free groceries.

President's Choice
FINANCIAL

That's just good banking.

Some redemption restrictions; visit pcpoints.ca for details. © Loblaw's Inc. Used under licence. The loyalty program is provided by President's Choice Services Inc.

Actor is living a teenage dream

Tye Sheridan. At 17, this young thespian has already starred opposite a handful of Oscar winners



NED
EHRBAR

Metro World News in Hollywood

Tye Sheridan may be one of the busiest teenagers in film. After an attention-grabbing start in 2011's *The Tree of Life* and 2012's *Mud*, 17-year-old Sheridan now stars in *Joe* — David Gordon Green's offbeat, darkly comic tale about a teenager (Sheridan) who befriends a surly ex-con (Nicolas Cage). Plus, Sheridan has four more films in the can, all set to come out this year. Somebody's a bit of an overachiever.

You got to take this film to a bunch of international festivals last fall. How did the reactions differ?

It's weird watching it with a foreign audience because



Tye Sheridan stars in the darkly comic tale *Joe*, alongside Nicolas Cage. CONTRIBUTED

they don't get a lot of the American humour. It's not just this demented, dark drama. When we screened in Venice or Deauville (I can't remember which), I was sitting on the second balcony, so I could see down into the audience and there was a group of old ladies that came to see the film and

when [Nicolas Cage] beats up the wino, six old ladies just get up and walk out of the theatre. It was kind of funny to watch.

What are you looking for in future roles?

I don't know, anything that gives me a challenge. Anything that I have passion

for, that I love the material. I worked on a film called *Grass Stains* last summer with a writer-director named Kyle Wilamowski, and he's been working on this for, like, eight or nine years, and this is his first feature. It's always fun to work with someone like that because you

One to watch

- **Born.** November 11, 1996 in Elkhart, Texas.
- **First feature film.** *Tree of Life*, where he starred alongside heavyweights Brad Pitt and Sean Penn.
- **Next up.** Tye Sheridan just finished a film called *Dark Places* with Charlize Theron and Chloe Grace Moretz.

know they've put their heart and soul into the project. I love doing small, independent stuff because this is what people really care about. And I just did a film called *Dark Places*. It's an adaptation of a novel by Gillian Flynn. My character is convicted of murdering his family, so it's going to be really dark. He's kind of satanic, too.

Is there ever any consideration about your age as far as what subject matter is OK

and what isn't?

You know, that's one of the coolest things about acting, I think, that you can be someone you're not. I mean, that's not you on the screen. Some of these characters are nothing like me. I'm not violent at all. I've never been in a fight. And it's like, every film that I've been in I've gotten into some kind of fight. It's cool because it gives you a challenge and you get to experience things that you normally wouldn't in your own personal life.

And it tells you a lot about how people perceive you.

Yeah, definitely (laughs).

You've already worked alongside the likes of Nicolas Cage, Matthew McConaughey, Brad Pitt. Any dream co-stars still on your list?

I want to work with James Franco, just because he's such a mystery man, you know? What is he? Is he a director, a writer, an actor? An artist? He's a cool guy.



Ed Sheeran

Every girl crazy 'bout this ginger-haired man

Soft-spoken ginger singer-songwriter Ed Sheeran doesn't mind fans going nuts over him, even if he doesn't quite understand their passion. "I don't see myself as a sex symbol, but if other people do, I'm not going to complain," he tells *Billboard* magazine.

"I'm a singer that you never want to see shirtless. No one does! I haven't got a six-pack or pecs." When informed that there clearly are some Sheeran fans who would be up for him taking off his shirt, he shrugs. "To each their own," he says.



Katy Perry, left, and Lady Gaga

Do-ueiling chanteuses flash locks in clashing chartreuses

So, slow gossip days mean round-ups of new celebrity hairstyles! We know, we know: This job is exciting.

First up, Maggie Gyllenhaal, who debuted a blonde pixie cut at the Cannes Film Festival on Monday night. The choice was a bit more conventional than Katy Perry's. She showed off her new 'do on Instagram Tuesday with the tag line "Slime green for spring, duh."

Speaking of green, Lady Gaga had a bit of the hue in her wild hair while closing down New York City's Roseland Ballroom on Monday night.



Lindsay Lohan ALL PHOTOS GETTY IMAGES

Perhaps LiLo should lie low and not go to Coachella with her mom

Lindsay Lohan insists she's back on the straight and narrow with her sobriety, despite slipping and having "one glass of wine" shortly after her last stint in rehab. But folks in her inner circle think her plans to attend the rowdy Coachella music festival in the California desert — especially with party-happy mom Dina Lohan along for the ride — is a terrible, terrible idea, according to Radar Online.

"Lindsay should not be going to Coachella. And having Dina with her isn't really making anyone feel comfortable that she will be a good chaperone. It's a big alcohol and drug festival and it is the last place that Lindsay should be," a source says.

"Lindsay swears that she'll stay sober, but Coachella is a huge party and there are going to be so many temptations for her. Everyone is really worried about her."



Kirsten Dunst

Kirsten rides into mother lode of controversy on knight in shining armour

Kirsten Dunst is causing a bit of an uproar with her thoughts about traditional gender roles. "I feel like the feminine has been a little undervalued," she tells the U.K. edition of *Harper's Bazaar* in an interview.

"We all have to get our own jobs and make our own

money, but staying at home, nurturing, being the mother, cooking — it's a valuable thing my mom created. And sometimes, you need your knight in shining armour. I'm sorry. You need a man to be a man and a woman to be a woman. That's why relationships work."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Scarlett adds nickname insult to sexy inquiry injury

Whatever you do, never call Scarlett Johansson "ScarJo" to her face, as the Captain America: the Win-

ter Soldier star can't stand the nickname.

"I associate that name with, like, a pop star," she tells *Glamour* magazine, saying that the nickname "sounds tacky. It's lazy and flippant. There's something insulting about it."

That's not the only grievance she airs in the interview, as Johansson

also takes on the long-standing double standards of Hollywood for men and women.

"Actresses get stupid questions asked of them all the time, like, 'How do you stay sexy?' or 'What's your sexiest quality?' All these ridiculous things you would never ask a man."

METRO WORLD NEWS

Orchid Society of Nova Scotia presents

orchid

Show & Sale April 12, 2014

9:30am - 5:00pm

- Spring Garden Place, 5640 Spring Garden Rd., Lower Level
- 2:00pm Neville Mackay of My Mother's Bloomers will give an Orchid Arranging Demonstration
- Sale of Orchid Plants & Supplies •
- Plant Raffle • Educational Support • Expert Advice •
- Free Admission •

SPRING GARDEN PLACE

5640 Spring Garden Rd. Halifax springgardenplace.ca 902-420-0675

3 LIFE

God gave rock 'n' roll to you

KISS gives you this.

The painted rockers are getting inducted into the Rock and Roll Hall of Fame, so why not celebrate with a tour of some KISS-themed attractions?

STEVE GOW

life@metronews.ca

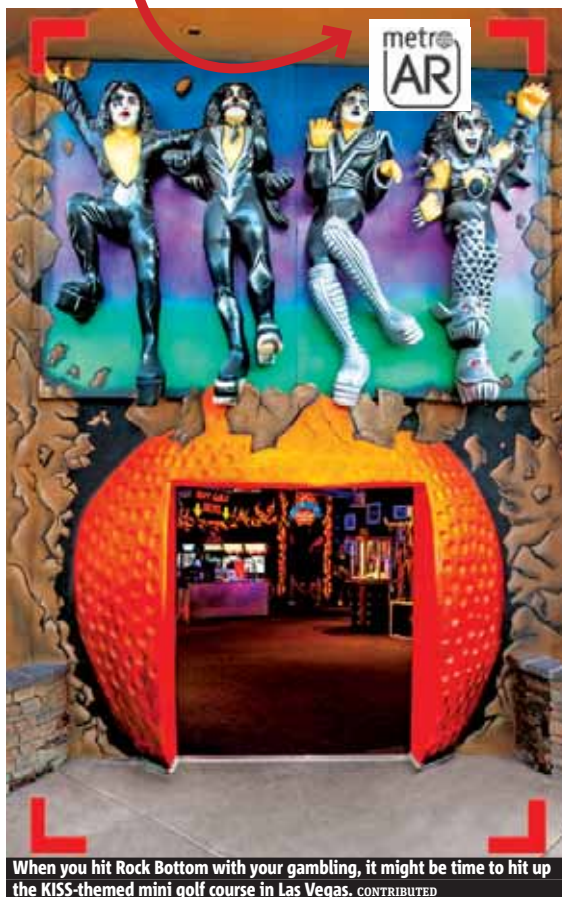
On Thursday, one of the biggest rock acts in the world is finally being inducted into the Rock and Roll Hall of Fame. But if fans of KISS can't make it to Brooklyn's Barclays Center for the ceremony, not to worry — there are many other ways to honour the face-painted performers whose career has spanned four decades. Here are a few other innovative KISS attractions in North America:

Plaster Caster

Niagara Falls may boast brilliant views of one of the natural wonders of the world but if you want waxy replicas of relentless guitar gods, Rock Legends Wax Museum at the top of carnivalesque Clifton Hill presents plaster casters of KISS as one of its most sought-after spectacles.

Calling Dr. Love

There are countless wedding chapels in Las Vegas but only one offers a fire-breathing Gene Simmons impersonator to stand as your Sinister Minister.



When you hit Rock Bottom with your gambling, it might be time to hit up the KISS-themed mini golf course in Las Vegas. CONTRIBUTED

The Hotter Than Hell Wedding Chapel in Las Vegas features concert-atmosphere nuptials on a KISS replicated stage (complete with fog machines), concert ticket invites and a live webcast. Even the real Gene

Simmons has popped in and joined newlyweds as a witness. Visit kissweddingchapel.com.

Walk the Rock

Sure, Grauman's Chinese Theatre in Hollywood is where fans



KISS even has their own Arena Football League team in L.A. CONTRIBUTED

Gods of gridiron

Earlier this month the team Los Angeles KISS debuted in the Arena Football League. Not just an incidental moniker, the squad is co-owned by Gene Simmons and Paul Stanley and they're not afraid to show it in uniforms designed with flames and the



band's iconic logo. Games will even feature rock bands stoking up lulls in play ensuring that the Gridiron Gods of L.A. rock 'n' roll all night ... and party every game. See lakissfootball.com.

can compare their handprints in cement with those of Tinseltown's biggest actors, but a few miles away at Guitar Center's Rockwalk on Sunset Boulevard, hard rock devotees can measure their mitts against their favourite KISS member. Step inside the Hollywood landmark and check out Paul Stanley's "Iceman" guitar and boots on display. Visit rockwalk.com.

Putt it Out Loud

Just when mini-golf couldn't

get any more exciting, now at the KISS by Monster Mini Golf in Las Vegas, fans can play golf on a well-designed glow-in-the-dark 18-hole course while hits like Detroit Rock City blast over loudspeakers.

Who doesn't want to ace a hole-in-one by putting up the extended tongue of an enormous Gene Simmons head? Surprisingly, it's actually popular for kids' birthday parties. Check out monsterningolf.com/kiss.

AIR CANADA VACATIONS



Discover PORTUGAL

Scenic Portugal

Fly & Drive

Lisbon • Fatima • Porto

9 days | 7 nights

July 14

\$1899

Add taxes & other fees: \$102

Cultural Portugal

Coach Tour

Lisbon • Fatima • Porto • Urgeirica

12 days | 10 nights

July 9

\$2699

Add taxes & other fees: \$102

aircanadavacations.com Call 1 877 236-6228 or your travel agent

Prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Prices are in Canadian dollars, are valid for bookings made on Apr. 9, 2014, apply to new bookings only and for departure dates as indicated. Prices are per person based on double occupancy, unless otherwise stated, from Halifax International Airport in Economy class and include surcharges. Non-refundable. Subject to availability at time of booking. Not applicable to group bookings. Further information available from a travel agent. Flights operated by Air Canada or Air Canada Rouge. For applicable terms and conditions, consult the Air Canada Vacations brochures or www.aircanadavacations.com. [®] Aeroplan is a registered trademark of Air Canada Inc. [®] Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership, 1440 St. Catherine W., Suite 600, Montreal, QC. Visit www.aircanadavacations.com for up-to-date information.

visit Portugal

aeroplan

Bucket List



Bermuda

Get a head start on summer — and your tan — with a quick escape to Bermuda. May-June is the perfect time to visit. So often confused with Bahamas and Barbados, Bermuda is a connect-the-dot maze of islands in the Atlantic Ocean, on the same latitude as South Carolina. With a temperate climate, as opposed to a tropical one, this paradise is more than just the baggy shorts and big onions it is commonly associated with. Coral walls and white roofs mimic the sand and clouds, while left-hand drive and roundabouts remind you of the island's British roots, as does the buttoned-down vibe, reminiscent of the colonial past. WestJet flies non-stop from Toronto in three hours, often for under \$400 return (taxes included). Visit GoToBermuda.com. **DOUG WALLACE/METRO**

Real-life tours.

Founder of G Adventures talks about authentic tripping and the positive impacts it can have



ON THE MOVE
Loren Christie
life@metronews.ca

Last month, my spouse and I took our 18-year-old nephew, Jake, to Kenya on a safari camping trip with G Adventures.

I'm sure we saw every possible animal from zebras and hippos to lions and leopards. Our merry band of fellow campers included people aged 18 to 73 from all corners of the earth.

In addition to the spot-on logistics, I was impressed with how we connected to the communities in which we travelled during the tour. I asked author and G Adventures founder Bruce Poon Tip how he made this Canadian



From left, chief experience officer Joseph and drivers Richard and Walter on a G Adventures safari camping trip in Kenya. Part of the company's mandate is to create jobs for locals in the areas in which it operates. **LOREN CHRISTIE/METRO**

company into a global success.

What makes G Adventures different?

We believe in wealth distribution by creating jobs and taking people into unique parts of the world, areas that would not normally benefit from tourism — staying with

a nomadic tribe in Mongolia, a rainforest community in the Amazon or on a ranch in Iceland. We aim to create jobs and tourism benefits in areas that wouldn't normally get to see that. We are a true global travel brand. People from 160 countries booked trips with us in the last 18 months.

Your vision is very clear.

We're about changing people's lives and creating happiness and community on a global scale. Any company can do it, we just choose travel as the vehicle to deliver our core values. We have invented departments like G force that travel and do leadership

and purpose camps all over the world. I have people in Africa, Asia. They all have to buy into a specific set of core values. So we need to recruit differently, train differently. We have to build a business model around achieving happiness. I spend a lot of my time rallying our people to deliver our service message.

Who do you cater to?

We are a company that has relied on psychographics versus demographics. Today people suspend their beliefs and go to an all-inclusive compound or go on a cruise, yet when they come home they recycle, use low wattage light bulbs or eat organic. While on vacation they forget to care about the country they are in.

Our travellers have a different mindset. They want holiday time to represent the way they live their life and to have a positive impact on the world. If you want the comforts of home, please stay at home. Watch Africa on TV. Why not feel like you are in another country?

52 WEEKENDS A YEAR, 52 CHANCES TO
BE A WEEKENDER.



CHICAGO
WEEKEND
NIGHTS FROM
\$89* USD



WASHINGTON, DC
WEEKEND
NIGHTS FROM
\$89* USD



TORONTO
WEEKEND
NIGHTS FROM
\$99* CAD



NEW YORK
WEEKEND
NIGHTS FROM
\$119* USD

BE A WEEKENDER AND BOOK GETAWAY TODAY.

You only get 52 weekends a year, so make the most of them. Unwind on a romantic weekend at Waldorf Astoria™ Hotels & Resorts or Hilton® Hotels & Resorts, or take the little ones to a family-friendly hotel like Embassy Suites™ and Hampton®. Wherever you go, our more than 4,000 hotels have the weekend you're looking for. Take advantage of great rates before the next weekend is gone.

BOOK NOW AT HILTON52WEEKENDS.COM



*Sample daily rates featured are subject to availability for weekend travel through May 30, 2014. Rates will vary based on selected hotels and may include higher or lower rates than advertised based on specific travel dates selected. "Weekend rate" includes nightly rates which may begin on Friday or Saturday. Each hotel has a policy addressing cancellations and/or blackout dates that may apply. Unless otherwise stated, quoted rates are per room per night, based on double occupancy and do not include taxes, gratuities, incidental charges or resort fees (where applicable). The Best Available Rate is a specific rate type that varies depending on time of purchase, is unrestricted, non-qualified and excludes discount or negotiated rates. Amounts are listed in United States Dollars and Canadian Dollars. Exchange rates change daily. Your reservations will be booked in the local hotel currency. ©2014 Hilton Worldwide.

How-to



Avoid pickpockets

Carry your wallet in a front pocket, with the opening facing down. 2. Be alert in busy areas. Pickpockets target train stations, bus stops, crowded street corners and street performances. 3. Be wary of diversions: If someone tries to get your attention or brushes up against you, make sure your hand is on your wallet. 4. Turn backpacks into frontpacks. 5. Carry handbags across your body or under your arm, with the flap facing your body. 6. "Snatch-and-grabs" are considered violent crimes. Just let them have it. **DOUG WALLACE/METRO**

Tool



Live your own Vegas movie

New app Suiteness sets you and your friends up for a Vegas weekend à la Hangover Part IV — or at very least for Facebook, in spite of the "stays in Vegas" adage. The app lets you book a high-roller, multi-bedroom suite with your buddies for the same prices you would pay for several regular rooms. You plug in your wants and needs (minus the bartender and the tiger) and Suiteness gets back to you within 24 hours with your options. Los Angeles, New York and Miami won't be far behind. **DOUG WALLACE/METRO**

Deals



Parrot Cay, Turks & Caicos

Sometimes you just owe it to yourself to amp up your vacation with a little extra indulgence. Special anniversary? Milestone birthday? Parrot Cay, the award-winning private-island retreat may be just the place to celebrate. There is amazing diving, a serene spa, wellness programs and very fussed-over food. From April 25 to Dec. 15, the resort is offering four nights for the price of three, seven nights for the price of five and 14 nights for the price of 10 (some blackouts apply). Visit comohotels.com/parrotcay. **DOUG WALLACE/METRO**

More and more city folk are finding the purr-fect stress buster



Cats and caffeine: Do you need anything else? THE ASSOCIATED PRESS

Cat cafés. Felines feature first at this cosy London tea room

Would you like some kitten with your coffee?

Feline company is exactly what one of London's newest cafés is offering — and stressed-out city-dwellers are lapping it up.

"People do want to have pets and in tiny flats, you can't," said café owner Lauren Pears, who opened Lady Dinah's Cat Emporium last month in an area east of the city's financial district.

"There's not many places in London you can just curl up with a book and chill out with a cat or two on your lap," she said. "I think that's what our success is down to."

"I can see how this would be good for someone lacking company," said customer Sara Lewis, as she stroked a cat sitting on her lap. "It's the best idea ever."

The cosy English tea room, named after Alice's cat in Alice in Wonderland, charges customers £5 pounds (\$9.15) for two hours of kitty company. Coffee and afternoon tea — sandwiches, cakes and



A latte and a little love from a cat. THE ASSOCIATED PRESS

scones — are on the menu at an additional cost.

Lady Dinah's opened March 1, and is fully booked until the end of June.

Pears raised more than £109,000 (\$200,000) through a crowd-funding campaign to get the café up and running. Despite more than a year of planning permission delays and figuring out how to maintain health and safety standards, she says the hard work has been worth it.

The 11 resident kitties were donated by people who could no longer look after them. Kitty welfare is paramount: The cats get regular breaks away from people, and staff have been trained by animal behaviourists to care for them.

Japanese origins

Cat cafés first took off 10 years ago in Japanese cities, where many people live alone in cramped high-rise apartment blocks that don't allow pets. Making feline friends became popular therapy for lonely or anxious workers.

Lisa Vann brought her eight-year-old daughter, who has learning difficulties, to Lady Dinah's for a playdate. "She's delighted to be here," she said.

THE ASSOCIATED PRESS

Seeing Europe as an insider has never been easier

Travel to Europe independently and you'll see iconic sights.

Travel with us and your vacation will be as unique as it is hassle-free, with handpicked hotels, included sightseeing and exclusive Insider experiences that take you deeper into every destination.



AIR BONUS SAVINGS
\$400**
PER COUPLE
QUOTE PROMO CODE:
PPTAIR2009

Britain & Ireland Panorama

20 days

From \$4,125*
per person - twin share

In the craic and Guinness of Ireland or the tea and scones of England, the welcoming hospitality of the British Isles is one of its biggest attractions and one of your lasting memories.

Great Italian Cities

11 days

From \$2,599*
per person - twin share

Floating islands, Papal splendour and Renaissance masters. Italy's greatest cities are in the spotlight on an epic discovery of Venice, Florence and Rome.

Experience value beyond the expected

Visit your Travel Agent, call 1-800-352-4444 or visit www.trafalgar.com

TRAFALGAR
see the world from the inside®

Terms & Conditions: *Advertised prices are land-only, inclusive of all taxes and based on double occupancy. Prices are valid on the following dates - Britain & Ireland Panorama: Apr 11, 2014; Great Italian Cities: Nov 6, 13, 20 & 27, Dec 4 & 11, 2014. **Save \$400 per couple (\$200 off per person) when you book Trafalgar 2014 Europe & Britain guided vacation (excluding City Break, East Mediterranean & Cruise itineraries and group bookings) in conjunction with flights on any carrier including published air. Land and Air must be booked with Trafalgar. New bookings only. Travel must be taken before December 31, 2014. Booking dates: April 2 to 30, 2014. A \$200 land deposit is due within 3 days after booking, full payment is due by April 30, 2014. Flights must be round-trip departing from a Canadian gateway to Europe and/or Britain. Open-jaws and Seat Sale fares are permitted but earlier ticketing payment may apply; not applicable to one-way itineraries. Flights are non-refundable once paid in full. No name changes are permitted. Offer is combinable with brochure discounts (where applicable) but not combinable with Last Minute Deals. Flights are subject to availability and offer may be withdrawn at any time without notice. Other conditions may apply. Please quote promo code PPTAIR2009 at time of booking.

ACIA TICO # 1583987W. 33 Kern Rd, Toronto ON M3B 159

How Polkaroo put me on the right career path

From host to the most.

As TalentEgg.com launches its exciting Challenges platform, one Egger tells her own tale of working toward greatness

LEAH RUEHLICKE
TalentEgg.ca

When I was about 10 years old, I decided my goal in life was to be a TVO Kids host. Thirteen years, one university degree and 25 pairs of jeans later, this remained my life ambition.

So, after helplessly sending out resumé after resumé and putting in way too many hours into a job I couldn't care less about in order to pay those bills, I decided perhaps this was life's way of telling me to chase that dream.

I signed up to volunteer with Ontario public broadcaster TVO, and when they offered me a gig timing a ping-pong tournament with Polkaroo, I figured this was the breakthrough I had always been waiting for.

I went. I wore my bright green T-shirt with pride and ran that stopwatch like my life depended on it.

I smiled at people. I even talked to some — and in doing so I ended up meeting my current boss. Fast forward



TalentEgg contributor and friend to Polkaroo, Leah Ruehlicke.

CONTRIBUTED

ward one year, and I'm happily employed in an industry

I never thought I'd be in. I'm not a TVO Kids host — but in pursuing that dream my ambitions changed into something completely unexpected and even more exciting.

I now work somewhere that challenges me, inspires me and makes me think. And I owe it all to Polkaroo.

I also owe it all to allowing myself to stand out. That, to me, is exactly what

Leap of faith

"Beating my employment challenge meant throwing myself at a dream I had cherished for more than a decade, not knowing what would happen."

Leah Ruehlicke

Augmented Reality

Are you ready to take on Metro's AR Challenge?

If you're a student or recent grad, you know the Get Your First Job catch 22: No one wants to take a chance on you because you have no real world experience. And unless someone gives you a job, you can't gain that experience.

That's why Metro is pumped to partner with TalentEgg in an exciting Challenge designed to give every entrant an opportunity to show what they can do.

The Challenge: Show us a compelling and innovative way Metro can use our new Augmented Reality (AR) technology to bridge the printed and digital worlds.

The Prize: A \$500 Future Shop gift certificate, and the chance to see your idea implemented, engaging 1.8 million readers in all 10 Metro papers from Halifax to Vancouver.

We're looking for the big idea that will resonate with our Millennial audience and will reflect the Metro brand personality: smart, urban, tech-savvy, opinionated and in-the-know.

Metro AR represents the first time a newspaper has developed a custom, native solution for bringing augmented reality to its product. What makes AR particularly interesting is that while it represents storytelling through the lens of mobile devices today, it is a precursor to how news and information will be distributed in the near future. That might be through wearables like Google Glass, via windshields on vehicles or perhaps another exciting iteration that has yet to come to market.

Metro's Challenge asks students to apply creative thinking to a new frontier in the publishing world. It's an opportunity for students and grads to showcase their ability to take concepts they've learned at school

See that symbol? It means you can scan this image with your Metro News app to see one of the amazing things you can do with Augmented Reality



and bring them to bear on an exciting and evolving form of storytelling.

"The real reward lies in the feedback report that students receive as part of their participation, outlining their ranking and the competencies/skills gained through participation," says TalentEgg founder Lauren Fries about the contest. "This feedback can be used for personal improvement, but more significantly, can be added to participants' resumés and LinkedIn profiles as proof and validation of their ability to translate theory learned in the classroom to real scenarios."

For more information, visit talentegg.ca/challenges and get cracking! **METRO**

What is TalentEgg Challenges?

TalentEgg Challenges will give young people the opportunity to demonstrate and verify their skills — helping them prove to employers that they have what it takes to be valuable employees.

- Students and grads can tackle relevant online Challenges presented in partnership with innovative brands and employers.

- After completing a Challenge, participants receive a review of the skills and experiences gained, which can easily be added directly to their resumé and LinkedIn profile. Top performers in each Challenge will also be eligible for a range of prizes.

Visit talentegg.ca/challenges for more details.

Challenges is all about. I know the pain of the job hunt. It sucks.

For entire year I questioned everything; whether or not I pursued the right degree or if I wasn't as smart as

I thought or if I had chosen to live in the wrong city; if people thought I had a weak mind and flat hair and if I had only bought the more expensive blazer maybe the interviewer would've taken me more seriously.

I felt discouraged and sad and hopeless because at the end of the day I simply didn't know how to stand out.

Beating my employment challenge meant throwing myself at a dream I had cherished for more than a

decade, not knowing what would happen.

Challenges offers that same potential, without all of the uncertainty that goes with it.

It gives students and recent grads the chance to show that they are thought leaders, driven, willing to try something new and put their all into a project.

It's exactly the kind of opportunity you need as you prepare to navigate the school-to-work transition.



Train For a Career in *Healthcare*

at our **Dartmouth** and **Halifax** Campuses!

Enrol Now! 1-855-354-5627 [JOBS]



Academy OF LEARNING COLLEGE

www.academyoflearning.com

A kick of heat for this meat

Orange Sriracha Maple Chicken Thighs with Spring Greens. Orange juice moonlights as a tenderizer in this dish



DINNER EXPRESS
Emily Richards
food@metronews.ca

FLASH FOOD



From your fridge
to your table in
30 minutes or less

Looking for some spice in your life at dinner time? Well, Orange Sriracha Maple Chicken Thighs with Spring Greens might help you feed that craving.

These smoky and spicy chicken thighs are addictive with their balance of heat and sweet.

Chicken thighs are tender and offer up juiciness and flavour while being easy to prepare thanks to Florida orange juice, which helps add flavour and tenderize the chicken for a deliciously moist bite every time.

The sweet hint of orange juice is paired with a spicy kick of sriracha chili sauce and local pure maple syrup, making this a truly great introduction for spring that could become a quick favourite.

1. In a large resealable bag, combine orange juice, paprika, garlic, oregano, chili



**START TO
FINISH
ABOUT 25
MINUTES**

This recipe makes eight servings. FLORIDA DEPARTMENT OF CITRUS

sauce and maple syrup. Add chicken; seal bag and turn to massage chicken evenly. Refrigerate for at least one hour or up to overnight.

2. Place chicken on oiled, preheated grill over medium heat, turning once or twice for 10 to 15 minutes or until no longer pink inside and juices run clear.

3. Spring Green Toss: In a large bowl, toss greens with oil, vinegar, Florida orange

Ingredients

- 3/4 cup (175 ml) orange juice
- 2 tsp (10 ml) smoked paprika
- 2 large cloves garlic, minced
- 1 tsp (5 ml) dried oregano or 1 tbsp (15 ml) chopped oregano
- 1/4 cup (60 ml) sriracha chili sauce
- 3 tbsp (45 ml) pure maple syrup
- 2 lbs (1 kg) boneless skinless chicken thighs (about 12)

Spring Green Toss

- 1 pkg (142 g) mixed spring greens
- 1 tbsp (15 ml) canola oil
- 2 tbsp (30 ml) white wine vinegar
- 1 tbsp (15 ml) orange juice
- Pinch each dried oregano, salt, pepper

juice, oregano, salt and pepper and serve with chicken.

Cooking tips

- Orange juice is a staple in many homes and most often enjoyed at breakfast. But start thinking outside the box at the dinner table and add some orange juice to a sauce or dressing for flavour and enhancement. You might just get a bit more creative each time you step into the kitchen.
- Trim any visible fat from chicken thighs before marinating.
- Sriracha has a big kick of heat, so for a milder version use only two tbsp (30 ml) of the sauce in the recipe. Look for it in the international aisle of your grocery store.

Fine sweet and tangy balance

The trouble with sweet-and-sour chicken is that the flavour is mostly sweet and weirdly acidic. It never seems to deliver on the satisfying balance of gently sweet and

teasingly sour.

A caramel-based sauce spiked with ginger, lime juice and fish sauce is the solution.

The result is deliciously sweet, but equally tangy and

savoury. Be warned: These Sweet-and-Tangy Caramelized Chicken Thighs are not the gloopy red sweet-and-sour with pineapple and cherries you know from the takeout box. They're better!

1. In a large saucepan over medium heat, combine the sugar and water. Bring to a simmer and cook without stirring for about 10 minutes, or until the sugar has browned and thickened to caramel. Stir in the fish sauce, being careful of sputtering, then the soy sauce, ginger and lime juice.

Return to a simmer.

2. Meanwhile, in a large sauté pan over medium, heat the oil. Add the chicken and cook, stirring often, for 20 minutes, or until cooked through.

3. When the chicken has cooked, use a slotted spoon or tongs to transfer the chicken (but none of the liquid in the pan) into the caramel sauce. Toss to coat the chicken with the sauce, then transfer it to a serving platter. Top with scallions and cilantro.

THE ASSOCIATED PRESS

Ingredients

- 1/2 cup sugar
- 1/4 cup water
- 1/4 cup fish sauce
- 2 tbsp low-sodium soy sauce
- 1 tbsp grated fresh ginger
- Juice of 1/2 lime
- 1 tbsp canola or vegetable oil

- 3 pounds boneless, skinless chicken thighs, trimmed and cut into 1/2-inch strips
- Scallions, thinly sliced, to garnish
- Fresh cilantro, chopped, to garnish



This recipe makes six servings. MATTHEW MEAD/ THE ASSOCIATED PRESS

MLB

Red Sox hit into 5 double plays in loss to Rangers

Robinson Chirinos started a five-run third inning with his first homer of the season and the Texas Rangers won 10-7 as the Boston Red Sox hit into five double plays Tuesday night.

The Red Sox scored three runs in the ninth against Joakim Soria on an RBI single by Jonny Gomes and a two-run double by David Ortiz, but Mike Napoli struck out to end the game.

The Rangers finished with 13 hits, the first time in six games that they had at least 10.

Boston's five double plays were one fewer than the American League record for a nine-inning game shared by eight teams. The major league mark of seven was set by the San Francisco Giants in 1969.

THE CANADIAN PRESS

MLB

Cabrera homers again in Jays win

Dioner Navarro had RBI doubles from each side of the plate and Melky Cabrera homered for the fourth consecutive game as the Toronto Blue Jays defeated the Houston Astros 5-2 on Tuesday night.

Jose Bautista added his fourth home run of the season as Toronto (4-4) made a winner of veteran left-handed pitcher Mark Buehrle, who bent but didn't break over 5 1/3 innings in running his record to 2-0.

Houston outlived Toronto 9-5. THE CANADIAN PRESS



Toronto Maple Leafs right-winger Phil Kessel (81), defencemen Jake Gardiner (51) and Morgan Rielly (44) react after Tampa Bay Lightning defenceman Victor Hedman (77) scored on Tuesday's game in Tampa, Fla. The Lightning won the game 3-0. CHRIS O'MEARA/THE ASSOCIATED PRESS

Oh well, there's always next year

Dashed hopes.

Lightning strikes three goals to Leafs' none to send Toronto's playoff chances up in smoke

The Toronto Maple Leafs faded out of post-season contention again.

Ondrej Palat had two goals, Anders Lindback came off the bench to make 25 saves, and the Tampa Bay Lightning ended Toronto's playoff hopes by beating the Leafs 3-0 on Tuesday.

"Not in shock," Maple Leafs coach Randy Carlyle said. "I guess the words to describe it

would be extremely disappointed, shallow, embarrassed. All those things. I think we have more than what we were able to accomplish, and that's the most troubling issue here."

James Reimer stopped 31 shots for the Maple Leafs, who have lost 10 of 12. Toronto has missed the playoffs eight of the last nine seasons.

"Obviously, this one hurts," Reimer said. "The bottom line, we weren't good enough. I think that as a guy and as a team, you look in the mirror and you just have to accept that we weren't good enough. A wise man once said that the playoffs don't let you in unless you're good enough. You don't

Quoted

"We just didn't find a way to compete to a level that was necessary."

Leafs' coach Randy Carlyle

sneak in there if you don't deserve it."

Tuesday's loss and Columbus's overtime win over Phoenix sealed the Maple Leafs' fate.

"I actually didn't say anything (to the team) after because I was real disappointed, obviously, knowing that Columbus had won in overtime," Carlyle said. "They knew that after the game as well as I did, so it was a moot point going

in and saying anything at this point. We'll meet tomorrow and we'll talk tomorrow."

Tampa Bay goalie Ben Bishop left with 14:17 left in the first due to an undisclosed upper-body injury. He was hurt while lunging to his left and landing on his side while attempting to glove the puck. Lindback replaced Bishop, who is 37-14-7 this season.

THE ASSOCIATED PRESS

4 SPORTS

Debankify and score better seats.

Save up to \$200 yearly with a no fee bank account.

President's Choice
FINANCIAL

That's just good banking.

Savings comparison based on the fees for limited and unlimited transaction account packages and one order of cheques as offered by the major Canadian banks as of January 1, 2014.
©Loblaws Inc. Used under licence. President's Choice Financial personal banking services are provided by the direct banking division of CIBC.

Mooseheads have a series on their hands

QMJHL playoffs.

Halifax drops first of playoffs, Gatineau shows plenty of jump



GEORDON OMAND
halifax@metronews.ca

It was Gatineau's turn to make the most of playing at home.

The Halifax Mooseheads dropped a 5-2 loss in a high-energy Game 3 matchup against the Olympiques Tuesday night to see their lead in the best-of-seven QMJHL quarter-final cut to 2-1.

Mooseheads head coach Dominique Ducharme gave a straightforward reason for the loss.

"They played better than us," he said. "They played with more energy. They were more desperate."

A raucous 3,326 fans took



The Mooseheads' Matt Murphy gets hit in the face with a stick.
MIKE CARROCCETTO/FOR METRO

Game 3	
5	2
Olympiques	Mooseheads

in the game at the Robert Guertin Arena, making for a noisy experience for the visitors.

"We know that this is a hard building to play in (and) we didn't have the game we wanted," said Herd goalie Zachary Fucale, who finished with 26 saves.

"To win a championship you need to play on the road, you need to win on the road."

Fuelled by the rambunctious home crowd, the Olympiques cruised to a decisive victory, putting an end to the Mooseheads' 19-game winning streak, which included six-straight in the playoffs.

The opening goal from sniper Jonathan Drouin early in the first period seemed to herald a repeat of the previous two games, which Halifax won on home ice by a combined score of 10-3.

But it was not to be.

The Olympiques responded less than a minute later with a goal from Halifax native Taylor Burke. A followup from teammate Alexi Pepin sent the crowd into a frenzy.

The Moose went into the third period down 3-2. Two more markers by the Olym-



Mooseheads forward Andrew Ryan is denied from in close by Olympiques netminder Robert Steeves during Game 3 of their second-round QMJHL playoff series on Tuesday night in Gatineau. MIKE CARROCCETTO/FOR METRO

Quoted

"It's not the end of the world but we've got to be ready (for Game 4)." Mooseheads forward Jonathan Drouin

piques — one on the power play and another into an empty net — rounded out the scoring.

"The puck was rolling not our way tonight," said Drouin, who put in both goals for the Mooseheads and now has a QMJHL-best 21 points in the

playoffs.

Drouin earned third star of the game, his impressive stickhandling drawing awe from the Gatineau crowd.

Vincent Dunn was a barb in the Mooseheads' side, earning him first star of the game.

NHL Central Scouting

Bennett ranked No. 1 for NHL draft, Ehlers 13th

Samuel Bennett remained No. 1 among North American skaters in NHL Central Scouting's final rankings for June's draft.

The Kingston Frontenacs centre and Toronto native had 36 goals and 55 assists this season.

Barrie Colts defenceman Aaron Ekblad, from Belle River, Ont., came in second, while centre Sam Reinhart of the WHL's Kootenay Ice (North Vancouver, B.C.) was third.

Halifax Mooseheads forward Nikolaj Ehlers is ranked at No. 13, up nine spots from the mid-term rankings.

Ehlers led all rookies in QMJHL scoring during the regular season, posting 49 goals and 104 points in 63 games.

Two other Mooseheads also made the final rankings. Forward Daniel Monyihan is listed at No. 77, down from 66th spot in the mid-term rankings. Defenceman Matt Murphy is also ranked at No. 128, down 23 positions from the mid-term rankings.

Tops among European skaters was winger Kasper Kapanen, son of former NHLer Sami Kapanen.

As far as goaltenders go, Halifax's Mason MacDonald, who plays for the Charlottetown Islanders, is ranked No. 2 amongst puck-stoppers in North America.

The NHL draft lottery, which determines who gets the No. 1 pick, is April 15. The Buffalo Sabres have already clinched the lowest point total in the league and the highest chance of selecting first.

THE CANADIAN PRESS AND METRO

72 HOUR SALE

ON SELECT MODELS

NOW TILL FRIDAY!

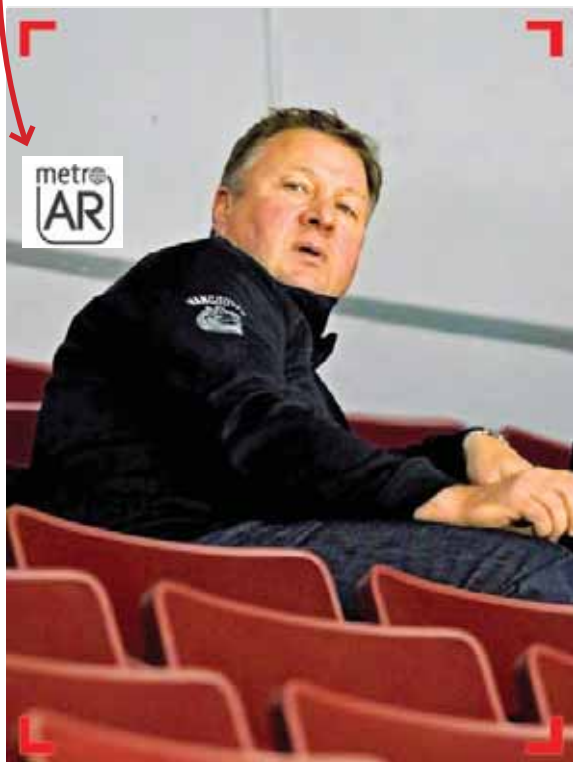
SAVE THOUSANDS!

SAVE UP TO: **\$7,000***

RATES FROM: **0.5%***

3737 KEMPT RD
HALIFAX, NS
PHONE: 982-3558
www.steelesubaru.ca

Canuck fans get their way



Mike Gillis was fired by the Canucks on Tuesday. DARRYL DYCK/THE CANADIAN PRESS

NHL. Shortly after falling out of playoffs in Vancouver, GM Gillis gets canned

Less than three years after leading the Vancouver Canucks to within a game of the Stanley Cup, Mike Gillis is out of a job.

The club fired its president and general manager on Tuesday, just over 14 hours after the team was eliminated from playoff contention in a listless and embarrassing 3-0 loss to the Anaheim Ducks that had fans at a half-empty Rogers Arena chanting "Fire Gillis" in the game's dying minutes.

"The Vancouver Canucks had success under Mike's leadership, and we nearly reached our ultimate goal; but I believe we have reached a point where a change in leadership and new voice is needed," team owner Francesco Aquilini said in a statement announcing the move.

The Canucks have three games remaining on their schedule, but were given Tues-

Time for a change

Apart from this season's product on the ice, Mike Gillis had also been roundly criticized for his poor draft record, questionable free-agent signings and trades, and the handling of the Roberto Luongo saga.

day off. Aquilini was set to meet the media on Wednesday morning before the team practises.

At the NHL general managers meeting last month in Boca Raton, Fla., Gillis pointed to injuries and head coach John Tortorella's infamous locker-room incident against the Calgary Flames as reasons for a disappointing mid-season swoon that saw the team win just four of 20 games, including eight consecutive regulation losses.

Gillis was named NHL general manager of the year for the 2010-11 season and signed a contract extension after the 2011-12 campaign, but admitted in a recent radio interview that the Canucks' fall from grace put his job security in question. **THE CANADIAN PRESS**

Curling

Koe hopes revamped rink helps his Olympic dream come true

Veteran skip Kevin Koe already has one world title and two national titles on his resume.

His next mission is to qualify for the Winter Olympics and he's assembling a new team to try to make it happen.

Koe plans to leave the rink he guided to victory at the Tim Hortons Brier for a new lineup that will include Marc Kennedy at third, Ben Hebert at lead and Brent Laing at second. It's an experienced all-star crew that will have its eye on qualification for the 2018 Winter Games in Pyeongchang, South Korea.

"It was not an easy decision," Koe told The Canadian Press from Calgary. "But I felt the timing was good personally for me — just with the next Olympic cycle coming up — to make a change."

THE CANADIAN PRESS

NCAA basketball

LeBron sends congrats to Ollie

LeBron James remembers just about every detail from his days playing alongside Kevin Ollie in Cleveland, including that the newly crowned coach of the NCAA champions wore No. 12.

And James is thrilled that now Ollie is No. 1.

Even though he's professed to rooting for Kentucky at times in the past and has a close relationship with Wildcats coach John Calipari, James raved on Tuesday about the job Ollie did while leading Connecticut to the national title. UConn topped Kentucky 60-54 on Monday night for the title, one that came in Ollie's second season on the sideline.

"I've got a lot of respect and I'm very, extremely happy," James said before he and the Miami Heat played the Brooklyn Nets. "Even though I have a lot of Kentucky connections... I was in a win-win situation and I was extremely happy for K.O. I think it was big time." **THE ASSOCIATED PRESS**



Phil Mickelson on Tuesday in Augusta. GETTY IMAGES

Golf. Tigers' Masters absence is 'awkward' for rival Mickelson

One after another, some of the world's best players and favourites to win the Masters trudged up the hill on the opening hole to start their practice rounds.

Phil Mickelson. Rory McIlroy. Adam Scott.

It was typical of any Tuesday at Augusta National, except for

the scoreboard which has the names of all 97 players in the field, with blank boxes to put their scores when the tournament begins. On the far right side of the board is a list of this year's noncompeting invitees.

Tommy Aaron. Doug Ford. Tiger Woods.

"It's a weird feeling not having him here, isn't it?" said Phil Mickelson, a three-time Masters champion and the chief foil for Woods over the years. "He's been such a mainstay in professional golf and in the majors. It's awkward to not have him here. I hope he gets back soon.

I hope he's back for the other majors. As much as I want to win — and I know how great he is and tough to beat — it makes it special when he's in the field and you're able to win."

Woods hasn't been the same all year, even before back surgery last week. He is missing

the Masters for the first time. His presence looms as large as some of the Georgia pines lining the fairways, though it will be forgotten when the opening shot is in the air Thursday, and a green jacket is awarded Sunday.

THE ASSOCIATED PRESS

DEALER INVOICE PRICING



**STEELE HYUNDAI...
REAL PEOPLE, REAL VALUE!**

ON NOW AT STEELE HYUNDAI IN HALIFAX!

**YOU PAY WHAT THE DEALER
PAYS AT STEELE HYUNDAI!**

**PLUS
GET**

0% FOR 96
FINANCING MONTHS*

3625 Kempt Rd
Halifax, Nova Scotia
Phone: 902.982.3980
www.steelehyundai.com

Steele
HYUNDAI

*On select models. Call Steele Hyundai for details.



DODGE
CARAVAN KIDS
PROUD SPONSOR OF ANAHEIM HOCKEY ACROSS CANADA

GET TOTAL DISCOUNTS OF UP TO **\$10,000**



Starting From Price for
2014 Ram 1500 Sport
Crew Cab shown: \$36,595.1

2014 RAM 1500 QUAD CAB SXT 4X4

\$1,500 BONUS CASH

IF YOU ARE
A LICENSED
TRADESMAN
OR IF YOU
CURRENTLY
OWN ANY
PICKUP TRUCK

FINANCE FOR
\$142 @ 4.29%
BI-WEEKLY*
FOR 96 MONTHS
WITH \$0 DOWN

PULL-AHEAD BONUS CASH*
\$1,000 + 1% RATE REDUCTION
ENDS APRIL 30**
PULL-AHEAD INTO A NEW VEHICLE SOONER.
EXCLUSIVE TO OUR EXISTING FINANCE/LEASE CUSTOMERS.

NOW AVAILABLE

RAM 1500 **ECO DIESEL** WITH UP TO **40 MPG HWY***
BEST FUEL ECONOMY OF ANY PICKUP EVER*

GREAT OFFERS ON A 2013 RAM HEAVY-DUTY

CANADA'S BEST-SELLING;
LONGEST-LASTING DIESEL PICKUP*
BEST-IN-CLASS TOWING[†]
30,000 LBS

TOWS 3 TONNES MORE THAN THE COMPETITION*

*** NO CHARGE
CUMMINS
TURBO DIESEL ENGINE
\$9,345 VALUE



GUTS · GLORY  **RAM**

RAMTRUCKOFFERS.CA

Wise customers read the fine print: Q, *, I, D, S. The Ram Truck offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers on or after April 1, 2014. Offers subject to change and may be extended without notice. All pricing excludes freight (\$1,695), license, insurance, registration, any retailer administration fees, other retailer charges and applicable taxes. Retailer order/trade may be necessary. Retailer may sell for less. \$310,000 in Total Discounts is available on new 2014 Ram 1500 models (excluding Reg Cab) and consists of \$8,500 in Consumer Cash Discounts and \$1,500 in Ram Truck Loyalty/Conquest Bonus Cash. See your retailer for complete details. \$1,500 Ram Truck Loyalty/Conquest Bonus Cash is available to qualified customers on the retail purchase/lease of any 2013/2014 Ram 2500/3500 models (excluding Cab & Chassis models) and 2014 Ram 1500 (excluding Reg Cab models) and is deducted from the negotiated price after taxes. Eligible customers include current owners/lessees of a Dodge or Ram pickup truck or any other manufacturer's pickup truck. The vehicle must have been owned/leased by the eligible customer and registered in their name on or before April 1, 2014. Proof of ownership/lease agreement will be required. Additional eligible customers include licensed tradesmen and those working towards Skilled Trade certification. Some conditions apply. See your retailer for complete details. \$1,299 purchase financing for up to 96 months available on the new 2014 Ram 1500 Quad Cab SXT 4x4 (25A+AGR+XFI) model to qualified customers on approved credit through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Example: 2014 Ram 1500 Quad Cab SXT 4x4 (25A+AGR+XFI) with a Purchase Price of \$24,995 (including applicable Consumer Cash Discount) financed at 4.29% over 96 months with \$0 down payment equals 208 bi-weekly payments of \$142 with a cost of borrowing of \$4,578 and a total obligation of \$29,573.22. Finance Pull-Ahead Bonus Cash and 1% Rate Reduction are available to eligible customers on the retail purchase/lease of select 2014 Chrysler, Jeep, Dodge, Ram or Fiat models at participating retailers from April 1 to 30, 2014 inclusive. Finance Pull-Ahead Bonus Cash will be deducted from the negotiated price after taxes. 1% Rate Reduction applies on approved credit to most qualifying subvented financing transactions through RBC, TD Auto Finance and Scotiabank. 1% Rate Reduction cannot be used to reduce the final interest rate below 0%. Eligible customers include all original and current owners of select Chrysler, Jeep, Dodge, Ram or Fiat models with an eligible standard/subvented finance or lease contract maturing between January 1, 2014 and December 31, 2016. Trade-in not required. See retailer for complete details and exclusions. \$Starting From Price for vehicles shown include Consumer Cash Discounts and do not include upgrades (e.g., paint). Upgrades available for additional cost. *Based on 2014 EnerGuide highway fuel consumption ratings. Government of Canada test methods used. Your actual fuel consumption will vary based on driving habits and other factors. 2014 Ram 1500 4x2 model with 3.0L EcoDiesel V6 and 8-speed automatic - Hwy: 71 L/100 km (40 MPG) and City: 10.2 L/100 km (28 MPG). **With as low as 71 L/100 km (40 MPG) highway. *Best-selling based on IHS Automotive. Polk Canadian new vehicle registrations through October 2013 for large diesel pickups under 14,000 lbs GVW. *Longevity based on IHS Automotive. Polk Canadian new vehicle registrations through October 2013 for large diesel pickups. **The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.

2014 BMW 2-series Coupé

- **Type.** Two-door, rear-wheel drive four-passenger coupe
- **Engines (hp).** 2.0-litre DOHC I4, turbocharged (241); 3.0-litre DOHC I6, turbocharged (320)
- **Transmissions.** 8-speed automatic; 6-speed manual (opt.)
- **Base price (incl. destination).** \$38,100

Design

Although similar to the outgoing 1-series coupe, the 2-series is actually more than five centimetres longer, 2.5 centimetres wider and it has a bit more space between the front and rear wheels. Thankfully, the dimensional enlargements are minimal, but the revised shape of the 2-series, especially a more elongated nose, sloping roofline and rear deck, result



in a more attractive shape. For diehard BMW spotters, the larger grille and lower air intakes are the most noticeable ways to tell if the basic Bimmer you're checking out is a 2 or a 1.

Fuel consumption

If fuel consumption is a consideration, the 228i is rated at 8.7 l/100 km in the city and 5.4 on the highway (improved from 10.8/7.0 for the 128i). The M235i's numbers are 10.0 city and 6.4 highway. Note that both models require premium fuel.

Basic features

Just because the 228i is the base 2-series doesn't mean it's stripped-down. Base equipment includes climate control, auto stop/start function, multi-adjustable (non-power) front seats, rain-sensing windshield wipers and a premium audio system.

2015 BMW 2-series Coupé



PHOTOS: WHEELBASEMEDIA.COM

Review. BMW goes back to its roots to refine and redefine the concept of a pure sporting machine

MALCOLM GUNN
wheelbasemedia.com

BMW knows exactly how to position the new 2-series Coupé.

A photo on the automaker's website shows the car running neck and neck with the iconic 2002 coupe that was produced from 1968-'76. It's a comparison worth pondering as the 2002 was a benchmark sporty car, a pure one at that, for the

company. An even more interesting comparison is with the new 2014 4-series Coupé. Both models offer the same powertrains, but the 2-series base price is \$8,900 cheaper, at \$38,100. The smaller 2-series is also about 90 kilograms lighter, which should make it quicker off the line and more nimble.

The 4-series does offer more cabin space than the 2-series and the 4 can be had with BMW's xDrive all-wheel drive system that's ideal for anyone making frequent excursions to the ski slopes.

Still, driving enthusiasts on a budget or who those prefer a more minimalist approach to tackling twisty back roads are likely to find the 2-series fits their needs like a well-worn



The dashboards, control panels, floor consoles and dash-mounted display screens in both old and new appear quite similar. To the 2-series, however, BMW did add a bit more trim and enlarged the iDrive controller knob (that adjusts the climate, audio and communications systems) for easier use.

pair of driving gloves.

For stashing your gear, the trunk is slightly larger than that of the 1-series and the

back seat can be split-folded for extra space.

Under the hood of the base 228i is a turbocharged 2.0-litre

Compare



1 Audi TT Coupé
Base price: \$51,500
Solidly built, with a choice of two turbo engines. AWD comes standard.



2 Mercedes-Benz CLA
Base price: \$36,400
Entry-level coupe-like sedan is new for 2014. AMG version is quick.



3 Honda Accord Coupe
Base price: \$28,200. Cool two-door is affordable, even with optional 278-hp V6.

four-cylinder that makes 241 horsepower and 258 pound-feet of torque. It's the same engine that powers several other BMW models, including the base 4-series Coupé. The base engine in the 1-series was a non-turbo 230-horsepower four-cylinder.

Step up to the M235i Coupé and your right foot controls a turbocharged 3.0-litre six-cylinder engine with 320 horsepower and 330 pound-feet of torque.

Ultimately, what's neat about the 2-series is that it's the least expensive way to obtain a BMW, yet you're guaranteed to get the same kick for your money as with many of the company's pricier products. Talk about driving a bargain.

5 DRIVE

The grass is said to always be greener on the other side of the fence, but when it comes to luring new car buyers into an ultra-competitive market, meaner has become much more fashionable than greener. In a tactical about-face from what vehicle manufacturers used during the auto-show season last year, ecology and efficiency are being muscled out in favour of handling and horsepower. Following are a few of the more notable trends from the 2014 auto-show season that have made many industry rivals green with envy.

TODD D. BURLAGE
wheelbasemedia.com

Show stoppers

Body by Alcoa

Even with dozens of exciting vehicle debuts such as the macho Corvette Z06 and the racy Toyota FT-1 concept during this year's auto-show season, one trusty pick-up truck has gained the most attention after being unwrapped in January during the Detroit Auto Show.

With its all-aluminum body construction, the Ford F-150 shed about 300 kilograms — lighter means fuel savings — and changed the design game in this vehicle segment. The best-selling truck in America during the last three decades, the F-150 keeps the traditional steel platform, but the lighter body weight and improved fuel mileage are grabbing serious attention from every other North American truck maker.

Details remain under wraps, but The Wall Street Journal reported that General Motors has secured contracts with aluminum suppliers Alcoa and Novelis for construction of its own aluminum-bodied trucks. From a practical standpoint, the Detroit launch of the Ford F-150 will likely remain the most important vehicle debut of the auto show season.



Ford has reset the bar by making the body of the 2015 F-150 out of aluminum. Now others will be forced into it to remain competitive.
ALL PHOTOS CONTRIBUTED

Another alternative

In a move that adds momentum to a fledgling alternative fuel option, Hyundai used the Los Angeles Auto Show in November 2013 to introduce its 2015 Tucson Fuel Cell vehicle, which is a hydrogen-powered tall wagon set for release in North America this spring. Honda and Toyota also showcased their production-ready fuel-cell rides in L.A.

These clean-running vehicles convert hydrogen to electricity to power the vehicle. Heat and water vapour are the only emissions.

Fuel-cell technology isn't necessarily new; Hyundai already sells Tucson's inspiration — the hydrogen-powered ix35 — outside of North America.

"We really think this will make battery electric vehicles feel old-fashioned," said former Hyundai CEO John Krafcik, pointing out that a fuel cell can be fully loaded with hydrogen in about eight minutes for a 500-kilometre range. A battery-electric can take hours to charge. As additional incentive to potential buyers, Hyundai is offering unlimited and free hydrogen to its Tucson lessees. But given the limited number of hydrogen fuelling stations, Tucson will only be sold in the Los Angeles, Calif., area initially, where the greatest concentration of hydrogen refuelling sites exists.



Hyundai will give you free hydrogen if you opt for its fuel-cell Tucson. You need to live in the L.A. area, though.

Techtrend

Apple Inc. used the Geneva, Switzerland, Motor Show in March to unveil its CarPlay iPhone interface system that has created a technological buzz from car builders around the world.

Mercedes-Benz, Ferrari and Volvo were just three of the manufacturers at the show to demonstrate this new interactive system that some analysts project will become practically standard equipment in many models beginning this year.

Essentially, the CarPlay interface replicates the iPhone home screen on the vehicle's centre console display. Once iPhone is connected, a button on the steering wheel activates the Siri voice-recognition technology, allowing drivers to access contacts, make calls, check voice mail, have text messages read aloud and then dictate responses, all without taking your hands off the wheel or eyes off the road.

CarPlay also includes its voice-activated turn-by-turn Apple Maps navigation system that even suggests possible destinations based on phone conversations and text messages.

This system will work with iPhone 5s, iPhone 5c and iPhone 5 and will be available in select car models shipping in 2014.



If it looks like your iPhone took over your car, then you understand what CarPlay is.

Driver-free driving

While Ford was improving its existing truck line, Nissan had its vision set on the future, using the stages of the Tokyo Motor Show late last year to celebrate its autonomous-vehicle technology.

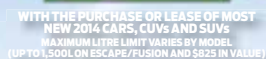
If Nissan's projections hold up, the Japanese automaker hopes to introduce its self-driving Leaf EV in North America "at realistic prices" in 2020.

Nissan put its autonomous vehicle through an uneventful test drive in Tokyo. This car is capable of negotiating turns, manoeuvring lane changes, recognizing stop signs and handling traffic signals, all without a driver at the wheel.

And while clearing the legalities of a self-driving vehicle navigating North American roadways remains years away, Nissan's lead in autonomous technology will continue to grab the attention of rival builders. "We're not necessarily talking about a situation where you get on the road, push a button and go to sleep," Nissan product chief Andy Palmer explained. "To me, it's about safety and instances where the vehicle supersedes the driver's control. If the objective is zero emissions, zero fatalities, the only way that can be achieved is with autonomous cars."



Nissan believes that if the objective is zero emissions and zero fatalities that autonomous driving — where cars take over from humans — is the way to go.



0% APR
PURCHASE
FINANCING

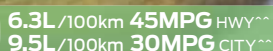
ON SELECT NEW
FUEL-EFFICIENT
2014 MODELS

\$750

LOYALTY & CONQUEST
CUSTOMER CASH
For qualified customers towards
select Ford CARS/SUVs/CPVs



Titanium model shown



- Torque Vectoring Control
- Traction Control
- 6-Speed Selectshift® Automatic Transmission
- Active Grille Shutters
- Curve Control
- Air Conditioning

2014 **ESCAPE**
S

PURCHASE FINANCE FOR ONLY

\$149

BI-WEEKLY

WITH

\$0

DOWN**

at 2.49% APR for 84 months. Offer excludes taxes.

**OFFERS
INCLUDE
FREIGHT**

2014 **FUSION**
S**PURCHASE FINANCE FOR ONLY**

\$139

BI-WEEKLY

WITH

\$0

DOWN**

at 2.99% APR for 84 months. Offer excludes taxes.



Applies only to optional front
crash prevention models



- 6-Speed Selectshift® Automatic Transmission
- LED Tail Lamps
- Air Conditioning
- SYNC® Voice-Activated System with 911 Assist®
- Easy Fuel Capless Filler System



| atlanticford.ca |



Enjoy the peace of mind of having your price locked in at the pump for up to 2,000 litres. Visit your Atlantic Ford Store today.



Fraudsters may cut in front of drivers and slam on the brakes to cause a rear-end crash. COURTESY INSURANCE BUREAU OF CANADA

Suspect a staged crash? Maybe it was all a fraud

Autobahn for All

Up to **\$1,000 Autobahn Cash***

*Jetta Hybrid and GLI amount shown.



The 2014 Jetta costs as little as
a lunch per day.

Own the **2014 Jetta** from

\$84 bi-weekly for 84 months** **2.9% APR**

WE'VE GOT YOUR NEW
VW!

696 Windmill Road
Burnside in Dartmouth
Phone: 902.468.6411
TollFree: 1 888 785.2989
www.steelevw.ca

Steele
VOLKSWAGEN

**Lowest time finance purchase offer available through Volkswagen Finance, on approved credit. Base MSRP of \$16,385 for a new & unregistered 2014 Jetta 2.0L, base model with 5sp manual transmission, including \$1,295 freight & PDI, financed at 2.9% APR for 84 months equals \$84 bi-weekly payments of \$134.51, \$1,764 down payment. Cost of borrowing is \$1,467 for a total obligation of \$17,052.39PSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra.

Insurance fraud.

Crash scams usually orchestrated by organized crime where everyone involved gets a kickback

JILL
MCINTOSH
Drive@metronews.ca

You're waiting to make a left-hand turn, but a driver stops and waves you through. As you turn in front of him, he rams into you — and later tells the police he did no such thing.

It's a classic scenario for auto insurance fraud, a crime that rakes in billions of dollars each year from insurance companies and innocent victims across the country.

It's primarily perpetrated by organized crime, according to Rick Dubin, vice-president of investigative services for the Insurance Bureau of Canada. "They intentionally set up a collision and load up the vehicle with individuals so that when it's done, they haven't suffered any injury, but they all end up going to medical clinics claiming they're injured in order to receive benefits," he says.

Along with waving cars through on a turn, these criminals may also motion drivers to pull out of their spots in parking lots and then hit them, or cut in front of drivers and slam on the brakes to cause a rear-end crash. These

Facts and tips

It's estimated that auto insurance fraud is as much as \$1.6 billion per year in Ontario alone.

- The Greater Toronto Area has the highest number of staged collisions in Canada.
- Don't admit guilt or sign anything for the other driver if you're involved in any collision.

collisions then look like they were the victim's fault.

Clues that you're a target include drivers who want to call emergency vehicles, especially an ambulance, for a minor crash; passengers who complain of neck or back injuries when paramedics show up; drivers with older cars whose insurance was recently issued; "witnesses" who suddenly show up in remote areas; and tow truck drivers who respond almost immediately and offer to take your car to a specific body shop.

That shop may then damage your car even more to increase the bill, or charge your insurance company for work it didn't do, Dubin says. Meanwhile, the passengers will visit doctors who are in on the scam, and recommend unnecessary treatments for which your insurance company will pay. "We have identified well over 300 clinics throughout the Greater Toronto Area that we suspect insurance fraud is taking place," Dubin says.

Meanwhile, the organized crime ring gets a kickback from everyone involved, including the tow truck, body shop, and clinics.

If you suspect a collision is staged, Dubin says to call the police to the scene even if the crash is minor. Call your insurance company as soon as possible and alert them.

They can recommend trusted body shops to repair your vehicle. If you suspect insurance fraud at any time, you can call anonymously to 1-877-IBC-TIPS or your local Crime Stoppers.

Scammers

"They intentionally set up a collision and load up the vehicle with individuals so that when it's done, they haven't suffered any injury, but they all end up going to medical clinics claiming they're injured in order to receive benefits."

Rick Dubin, vice-president of Investigative Services for the Insurance Bureau of Canada

FLEA MARKETS



Watkins • New Simple Gifts • Scentsy – Amanda Sibley
Kitty Tent Lady & Avon • Points East Retail • GAU Games & Collectibles
Matelot Militaria Medals Court Mounted • Steve's A+ Diecast Cars
Third Eye Blind - Games & Collectibles • The What'Chamacallit Shop
MiniGifts4U.ca • Prince of Bling • Randy's Collectibles • Boone's Books
Tupperware • Anne Schultz • Gary's Popcorn, Mini Donuts & Slushies
Joan's Miscellany Boutique • The Wig Experts

OPEN SAT AND SUN 9AM-4PM
SAT & SUN ADMISSION \$1
HOME OF THE \$10.00 TABLES

42 Canal St, Dartmouth 407-3323 • harbourviewmarket.com

**Give it
to a
friend
at no
extra
cost.**



MOVERS

**EXPRESS
MOVING**
17ft Truck & 2 Movers
\$70/hr
No Gas Surcharge, No Km
Charge, No Hidden Fees
Local & Long Distance
www.expressmoving.com
219-8591

ABLE MOVERS
• Free In Home Quote
• Insured Professional Service
**Call today for your
free estimate!**
471-9733

BUSINESS OPPORTUNITY

JAN-PRO
CLEANING SYSTEMS
Change your life with JAN-PRO
Get your own business.
Awarded The Best of the Best 2013, having a great concept, a strong brand
and dedication to the success of their franchisees
#1 Fastest Growing Franchise
The World's

- Professional Training
- Starter Kit
- Accounts Guaranteed
- Insurance and Bonding
- Cash Flow Management
- Ongoing Assistance
- Financing
- Additional Accounts
- Support to Grow your Business

Contact Carlos De Regules (902) 481-2100
or e-mail to carlos.deregules@jan-pro.com • jan-pro.com

AUCTION

2013
BETWEEN:

SUPREME COURT OF NOVA SCOTIA
THE TORONTO-DOMINION BANK
- and -
JACK KOK VUI WONG and CHARLEEN JANINE MACINTYRE

Hix No. 420798
PLAINTIFF
DEFENDANT

NOTICE OF PUBLIC AUCTION

TO BE SOLD AT PUBLIC AUCTION pursuant to an Order for Foreclosure, Sale and Possession granted by the Court, unless before the time of sale the amount due to the plaintiff on the mortgage foreclosed, plus costs to be taxed, are paid:

PROPERTY:
ALL that certain lot, piece of parcel of land situate, lying and being in Halifax County, Nova Scotia, known as Civic No. 565 Brookside Road, Brookside, Nova Scotia, property identification number 00492033 and known as Brookside Road, Brookside, Nova Scotia, property identification number 41177361 and described in Mortgage dated September 11, 2009 and registered at the Halifax County Land Registration Office as Document No. 94255099.

This property has been migrated pursuant to the Land Registration Act.

A copy of the description of the property, as contained in the mortgage foreclosed, is on file at the Sheriff's office and may be inspected during business hours.

Date of Sale: Thursday, May 8, 2014.
Time of Sale: 12:30 p.m.
Place of Sale: The Law Courts, 1815 Upper Water Street, Halifax, NS B3J 1S7
Terms: 10% deposit (payable by cash, certified cheque or Solicitor's trust cheque) at the time of sale, remainder within 15 days upon delivery of deed.

SIGNED at Halifax, Nova Scotia, the 4th day of April, 2014.

Allan Coley
Sheriff in and for the County of Halifax

Aaron Ward
Wickwire Holm
Barristers and Solicitors
2100-1801 Hollis Street
Halifax, Nova Scotia B3J 2X6

MASSAGE THERAPY

John Panter,
Certified Rolfer™



Are you
tired of
chronic
pain...?

902 425 2612 • fareast@auracom.com

EMPLOYMENT OPPORTUNITY

ATCAN
distribution services limited
employment opportunity

Truck, Minivan & Car owners required to distribute telephone directories in...
Halifax, Dartmouth, Bedford & Sackville
Must be 18+, licence & insurance, available daylight hours, paid by contract.
For more info and to apply:
www.atcandistribution.ca
902-465-9941

distribution
now in
progress

visit metronews.ca



APARTMENTS

**The Chateau Royale
at Russell Lake**
DARTMOUTH'S PREMIERE APARTMENT LOCATION



Luxurious 2-3 Bedroom Apartments

- Walking distance to shops
- Expansive floor plans
- 6 Appliances
- Luxury Flooring
- Gym
- Granite Countertop
- Entertainment Room
- Beautiful Large Kitchen
- Underground Parking

300 Royale Blvd | Russell Lake

Call 488-3333 or 830-0788
Open House Daily 10am-3pm or by appointment.

The Huntington
at 58 Holtwood Court

Now Renting
BRAND NEW BUILDING



Premium Amenities

- * Spacious 1, 2, & 3 Bedroom Suites from 995 to 2170 sq. ft.
- * Six Full Size Appliances Including Self Cleaning oven
- * Granite Countertops
- * Guest Suite & Fitness Room
- * Deluxe Tenants Lounge
- * Rooftop Terrace
- * Underground Parking
- * Indoor Car Wash Bay
- * Pet Friendly

Luxurious Living
On The Peak
Of Mount Hope
830-7595
info@blueiron.ca

6 Floors of Breathtaking Views and the Latest in Luxury

WOW!
\$1000 Move In Incentive!*

Newly renovated 1, 2 & 3 BR units
Starting at just \$600

Clean and spacious apartments.

Located on Rolieka Dr & Churchill Court, in Dartmouth.
Comfortable walking distance to shopping, dining and banking. Short drive to Mic Mac Mall and Dartmouth Crossing, On Metro Transit
Bus Routes #10 & #54

Call 902-830-1296
or email pinegreenpark@hotmail.ca
for more details.

*To new qualified tenants

APARTMENTS

realstar management
it's your home

Ask about our
rental incentives



CUNARD COURT
2065 Brunswick Street
*A short walking distance to
everywhere in downtown Halifax*
1 BR, 2BR

- Newly Renovated Accessible Suite Available
- Downtown Living at a Great Price
- Above & Underground Parking Available
- 5 Appliances
- In-suite Laundry
- Cat Friendly
- Fob Access
- Senior, Military & Capital Health Employee Discounts Available

1-888-649-3721 cunardcourt@realstar.ca



BEDFORD HEIGHTS
22-40 Bedros Lane
Overlooking Bedford Basin
1BR, 2 BR, 2BR Lge & 3BR

- Modern Suites with Spacious Balconies
- 6 Appliances
- In-suite Laundry
- 2 Full Baths
- 24/7 Exercise Room
- Senior, Military & Capital Health Employee Discounts Available
- New Blinds
- Fob Access
- Cat Friendly
- 24/7 On-site Staff

1-888-698-1430 bedfordheights@realstar.ca

OPEN HOUSE
Sat. Apr. 12 &
Sun. Apr. 13
12-4pm



STONECREST VILLAGE
80 Chipstone Close
*Park-like setting close to
Bayer's Lake Park*
**1 BR, 2BR, 2BR Lge, 3BR & 3BR
+ Den** (No Security Deposit on Select Suites)

- Cat & Dog Friendly on Select Floors
- 5 Appliances**
- Private Balcony
- In-suite Storage
- 24/7 Deluxe Laundry
- Underground Parking
- Senior, Military & Capital Health Employee Discounts Available
- New Blinds
- In-Suite Laundry**
- 24/7 On-site Staff
- Community Room

1-888-551-3754 stonecrestvillage@realstar.ca



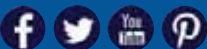
GARRISON WATCH/HARBOUR RIDGE
5536 Sackville Street
In the Heart of Downtown Halifax
**1 BR, 1BR + Den, 2BR, 2BR Lge
Suites** (No Security Deposit on Select Suites)

- Modern Suites in Downtown Halifax
- In-suite Laundry**
- Cats & Dogs
- Spacious Suites
- In-suite AC**
- Senior, Military & Capital Health Employee Discounts Available
- 6 Appliances
- New Blinds
- Fob Access
- 24/7 On-site Staff

1-866-957-7054 garrisonwatch@realstar.ca

**Available in Selected Suites.

Follow us



For more information visit: www.realstar.ca



Ask About our
Pet Friendly
Apartments.
View Today!

DARTMOUTH

31 & 35 Highfield Park Dr.
11 Joseph Young Dr.
1BR \$609, 2BR \$679
Utilities Extra. 1 Parking included
Call 402-6287

6-16 Nivens
1BR \$634
All utilities included
Call 402-6287

36-36A, 65 & 81 Primrose
1BR \$599, 2BR \$719
Heat & Hot Water included
Call 402-2915

11 Glenview
Bach \$559, 1BR \$619
Heat & Hot Water included,
close to Hospital and NSCC
Call 830-2158

15/25/35 Leaman
1BR \$659, 2BR \$764
Heat & Hot Water included
Call 789-9963

1-10 Crystal
1BR \$619, 2BR \$769, 3BR \$779
Call 830-9060

2 & 4 Franklyn Crt.
Bach \$559, 1BR \$659
Call 830-9060

104, 106 Albro Lake Rd.
127 Slayter
2BR \$679
Heat & Hot Water included
Call 402-8886

15 Kennedy Dr.
ONE MONTH FREE
1BR \$579, 2BR \$619, 3BR \$729
Call 401-8312

14 Jackson
ONE MONTH FREE
1BR \$569
Call 440-3884

175 Albro Lake Rd.
Bach \$552, 2BR \$769
Call 789-9932

HALIFAX

1 & 11 Drysdale Rd.
2BR \$669
Heat & Hot Water included
Call 830-1038

22-40 River Rd.
1BR \$539
Heat & Hot Water included
Call 830-1038

The Majestic

64 Bedros Lane

This view could be yours!

55+ do not pay damage deposit

Open House • Saturday & Sunday 2-4pm or by appointment

With only 6 units per floor, The Majestic creates a cozy welcoming feel. Our sunfilled hallways overlook the Ravines Trail, so you can enjoy the lush nature that surrounds you. With 4 spacious, well designed layouts, all with a harbour view, and no neighbours across the hall, you will be sure to find a unit that best meets your living needs.

Reserve your unit for your upcoming May, June or July move. Units are being reserved quickly! Don't miss your chance to live here.

- Heat / Hot Water / Air Conditioning Included
- 6 Appliances
- Underground Parking
- Large Private Storage
- Gym
- Large Balconies
- Walking and Biking Trails
- Convenient Location

FREE EastLink Internet, Phone and Cable for one full year!

Each unit has a stunning view of Halifax Harbour

830-9000

Give it to a friend at no extra cost



THE ABIGAIL

Move in now, don't pay until June 1/14. Plus 1 yr free TV/Internet/Phone!*

Open House this Saturday.
See new, bright, open-concept
apartments with spectacular views.



902-402-2591 | 56 Jacob Lane, Bedford | theabigailapartments.ca *Some conditions apply.

FIND YOUR PERFECT HOME

Prince Joe Castle
5778 South Street
Bachelors available for \$825
Call Steve at 830-7061
Email: pj@templetonproperties.ca



Fenwick Tower
5599 Fenwick Street
Dorms available for \$525
2 Bedrooms starting at \$1150
4 Bedrooms available for \$1750
Call 830-7081
Email: ft@templetonproperties.ca



Palace Royale
333 Main Avenue
2 Bedrooms starting at \$1295
Call Steve at 880-9111
Email: pr@templetonproperties.ca



TP TEMPLETON | PROPERTIES
Halifax's 1st Choice for Apartments

TempletonProperties.ca

visit metronews.ca



Horoscopes

Aries

March 21 - April 20

If you want a straight answer to a simple question, you may be disappointed. Others are so evasive today. Maybe they have something to hide but more likely their thoughts are simply all over the place.

Taurus

April 21 - May 21

Make sure you keep track of where your money is coming from and, just as importantly, where it is going to, over the next few days. Someone may conveniently "forget" what they owe you.

Gemini

May 22 - June 21

Some people may be loud in their opposition to what you intend to do but don't let it worry or stop you. They will come round when they see how well you are doing.

Cancer

June 22 - July 23

Don't push yourself beyond your natural limits today. You may want to look good, but how good will it look if you collapse before the finishing line? Pace yourself.

Leo

July 24 - Aug. 23

Others may have doubts about what you are doing but you have no doubts at all and will push ahead regardless. The Sun in Aries endows you with loads of energy and almost limitless self-belief.

Virgo

Aug. 24 - Sept. 23

If someone is critical of your work today, don't let it get to you. Either they don't know what they are talking about or they are trying to make a small flaw or failing look much bigger than it actually is.

Libra

Sept. 24 - Oct. 23

Whatever happens today, try not to take it too seriously. Others may think it's the end of the world, but you know it's nowhere near as dramatic as that. It's life, that's all.

Scorpio

Oct. 24 - Nov. 22

Focus on what seems right to you and ignore what the so-called "experts" tell you. Ultimately there is no such thing as facts. There are only various shades of opinion. Yours deserve to be heard.

Sagittarius

Nov. 23 - Dec. 21

The more certain people say you have taken on too much, the more determined you will be to prove them wrong. Sagittarius is a sign that likes to do things in a big way.

Capricorn

Dec. 22 - Jan. 20

Steer clear of negative thoughts because once they have got their hooks in you, it will take a lot of work to break free. Everything will work out for the best in the end.

Aquarius

Jan. 21 - Feb. 19

If you want a creative endeavor to be a success, you are going to need help and this is a good time to ask. Others want to be on your team because they know it's the one most likely to win.

Pisces

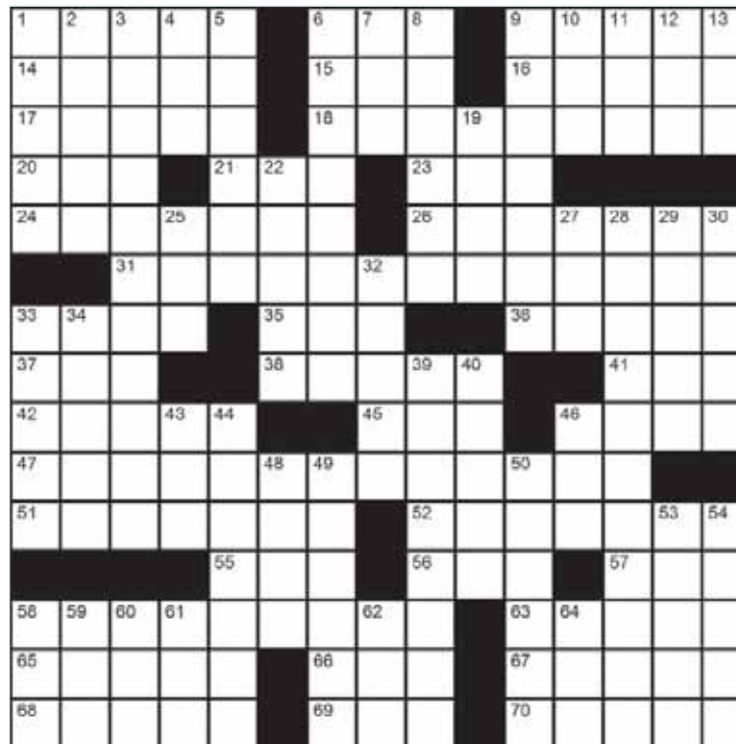
Feb. 20 - March 20

If someone changes their plans at the last moment today, don't let it show that you're not happy. Breathe deeply, count to 20, then give them a big smile and say "no problem". And never trust them again. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

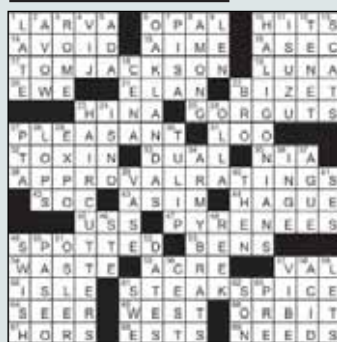
1. Packed into boxes
6. Goat's bleat
9. Art object
14. Quick
15. Alphabetic trio
16. Best
17. Grief [var. sp.]
18. In a not-one-side-over-the-other way
20. Earlier, olde-style
21. Shopping estab.
23. Sinn Fein was its political arm, for short
24. "Soul Sacrifice" band
26. Ontario town; or, Ms. Lohan
31. Orca-viewing village on Vancouver Island that's about four-and-a-half hours north of Nanaimo: 2 wds.
33. Scoop
35. Him, in Hull
36. Ghana's capital
37. Masses, with Polloi
38. Resulted in, ___ to
41. ' ' for Iberville
42. Mr. Guthrie's
45. ___ whim: 2 wds.
46. Freeze
47. Trendy (and bloody) new skincare procedure in a cosmetic surgery clinic: 2 wds.
51. Heart
52. Feminine and masculine
55. Long-snouted fish
56. Clairvoyance, e.g.
57. Sight: French
58. Exactness
63. "___ my case." (There's nothing more to add)
65. Plains prey
66. Keyboard key



Down

1. Pl. suffix with 'Motor'
2. Ancient shopping locale
3. Fare for Canada's Mary Pickford (b.1892 - d.1979): 2 wds.
4. Brit band
5. Of the skin
6. Romeo's family, House of ___
7. Copy
8. 'Eagle' constellation where Altair shines
9. Flesh-chomping fish

Yesterday's Crossword

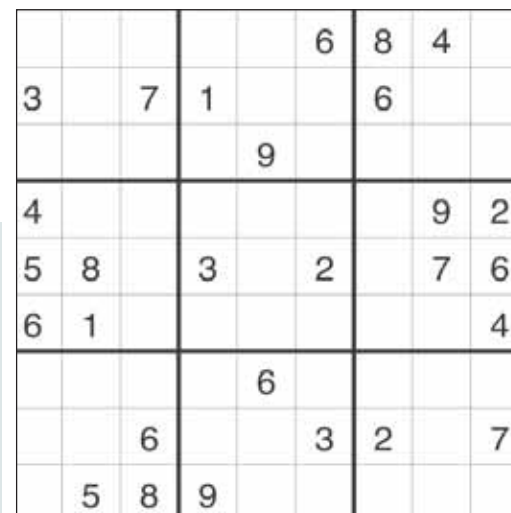


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

10. ___ Red (Apple)
11. Snake-like splasher
12. Dietary number, for short
13. Cathedral city
19. Journey
22. Sad-sounding ring
25. Mr. Fabi of car racing
27. Ancient Rome's 700
28. Party or wedding, for example: 2 wds.
29. Ms. Lavigne
30. Loaf leavener
32. Get ___ (Throw away)
33. "___ something to say..."
34. Ms. Ephron's
39. Montreal-based ICAO, for one: 2 wds.
40. Strides
43. Unclose, archaically
44. Celine Dion's skill
46. Fooled
48. Some TVs
49. More spooky
50. "Pretty ___" (1986) starring Molly Ringwald
53. Oxidized
54. Mr. Rogen's
58. "Downton Abbey" network
59. 18-wheeler
60. That, in Tijuana
61. Defraud
62. Bear: Spanish
64. Narrow inlet

Today

10°/-3°
Variable

Thursday

7°/1°
Sunny

Your #1 weather forecast now available in HD.
Check your local listings for details.

©The Weather Network 2014

PUT THE SMART BACK IN YOUR PHONE...

Download the FREE Metro app today!

O'REGAN'S
DARTMOUTH
HYUNDAI

DEALER INVOICE
PRICING

+ 0%
FINANCING

YOU PAY WHAT THE DEALER PAYS*

2014 ELANTRA

MSRP \$17,549** SAVE \$1197

DEALER INVOICE
PRICE:

\$16,352*

PLUS

FOR A LIMITED TIME

EXCLUSIVELY AT O'REGAN'S DARTMOUTH HYUNDAI

FREE

7 YEAR
WARRANTY

120,000 KM
COMPREHENSIVE LIMITED WARRANTY

OR

OWN IT FOR

\$79*

BI-WEEKLY
PAYMENT

WITH

0%

FINANCING
FOR
96 MONTHS

AND

\$0

DOWN



*Taxes and fees not included. Dealer is reimbursed for hold back included in invoice price. Vehicles not exactly as shown. **Freight and PDI included in MSRP. See O'Regan's Dartmouth Hyundai for details.



O'REGAN'S
DRIVING HIGHER STANDARDS

DARTMOUTH
HYUNDAI

60 BAKER DRIVE, UNIT - D
465-7500
oreganshyundaiddartmouth.com

